Carol Smathers The Ohio State University 163A Campbell Hall, 1787 Neil Avenue Columbus, Ohio, 43210

Phone: 614.688.1801

Biographical Narrative

Since April 2013, Associate Professor Smathers has held a 12-month faculty appointment as Field Specialist in Youth Nutrition and Wellness. This position, within the Department of Extension within the College of Food, Agriculture and Environmental Sciences at The Ohio State University, provides overall leadership for developing and implementing a balanced teaching and applied research agenda related to youth nutrition and wellness. She was granted tenure in 2019.

POSITION DESCRIPTION

Working collaboratively with a multi-disciplinary team of professionals within OSU Extension and across-campus with other departments and colleges, Associate Professor Smathers functions as an educator with clientele to address statewide food, nutrition, and wellness issues for youth and related issues as expertise is needed; provides unbiased research-based alternatives; evaluates and responds to large scale statewide needs and individual requests; and secures resources (grants and contracts) to focus on these issues. Her responsibilities involve planning, teaching, and evaluating programs, including conducting applied research; translating and integrating research findings into curriculum and educational programs; meeting faculty expectations for creative and scholarly contributions; and providing service to the profession and university in the areas of food, nutrition, and wellness, with a specific focus on issues impacting youth. Meeting these responsibilities involves employing innovative educational methods and technologies to expand delivery of programs and resources to advance Farm to School and other youth nutrition initiatives. Associate Professor Smathers works collaboratively with academic departmental faculty in all Extension program areas on research and engagement agendas. She serves as an educational advisor and liaison for Ohio State University Extension and the University to federal, state and local agencies and educational institutions.

PROGRAMMATIC THEMES

COMMUNITY-BASED YOUTH NUTRITION AND WELLNESS - Focus on community-based participatory research (CBPR), coalition development and implementation of community health strategies, community partnerships, public health, socio-ecological models, policy and environment change strategies, and community nutrition education. (35%)

Associate Professor Smathers directs the Ohio site of a multi-state project that entails assessing Extension's involvement with community coalitions, testing the effectiveness of a coalition coaching model, developing resources and providing training to support coalition development and coalitions' use of community-level interventions. As research project manager for the Prevention Research Center in the OSU College of Public Health, Associate Professor Smathers coordinated community partnerships, data collection, and the dissemination and publication of research results. She serves as co-chair and steering committee member for an obesity prevention coalition comprised of nearly 40 organizations. She is working with this coalition, as well as numerous state- and community-level agencies to foster and to evaluate interdisciplinary problem-solving and organizational policy and environment change strategies that provide healthier nutrition and physical activity options for children, adolescents, and young adults.

ADOLESCENT NUTRITION ISSUES- Focus on nutrition trends, adolescent development, youth advocacy, youth leadership, and community partnerships addressing adolescent health. (25%)

Associate Professor Smathers works with the Ohio 4-H Healthy Living Design Team to meet the national 4-H healthy living mission mandate, including co-leading the creation and implementation of the 4-H Healthy Living Advocate Program. As co-chair of the national Extension Committee on Policy's Positive Youth Development for Health Action Team, co-chair of the National Health Outreach Conference program committee, and active member of the Ohio Adolescent Health Partnership, Associate Professor Smathers influences efforts to improve youth nutrition and wellness at the state and national level.

FOODS IN SCHOOLS - Focus on Farm to School, local foods, procurement, school food service, school meal guidelines and regulations, classroom food and nutrition education, and school gardens. (40%)

As State Lead for Ohio Farm to School, Associate Professor Smathers oversees the provision of information and resources to promote procuring, serving, and educating about local foods to create sustained, improved nutrition behaviors at schools. She collaborates with and serves as a resource to the National Farm to School Network and the USDA Farm to School Program. She facilitates a statewide advisory group and oversees state-level distribution of information through conferences, workshops, toolkits, websites, newsletters, and social media. She oversees program staff and responds to frequent Farm to School inquiries.

Current Appointments

- 2013 Present. Associate Professor / Field Specialist in Youth Nutrition and Wellness, Faculty, This faculty position
 provides overall leadership for developing and implementing a comprehensive and balanced teaching, The Ohio State
 University, CFAES, Family and Consumer Sciences, College of Food, Agricultural, and Environmental Sciences,
 Columbus, Ohio, United States
- 2013 Present. Adjunct Associate Professor (Courtesy appointment since February 2015), Faculty, Percent Time Commitment100%, The Ohio State University, Human Sciences, United States
- 2013 Present. Adjunct Associate Professor (Courtesy appointment since November 2013), Faculty, Associate
 Professor courtesy appointment in the College of Public Health, Percent Time Commitment100%, The Ohio State
 University, College of Public Health, United States

Academic Appointments

None

Other Appointments

- 2009 2013. Research Manager, Percent Time Commitment 100%
 Ohio State University College of Public Health Prevention Research Center, Prevention Research Center,
- 2007 2009. Center Manager/Administrative Associate, Percent Time Commitment 100%
 Ohio State University College of Public Health, Center for Health Outcomes, Policy, and Evaluation Studies
- 2004 2007. Program Coordinator
 Coordinated all aspects of the grant-funded research project, including curriculum development, direct teaching, hiring and supervising staff, program evaluation, and report writing, Ohio State University Extension 4-H Youth Development, Columbus, Ohio, United States

Degrees

- 2009. MPH, The Ohio State University, Health Related Knowledge and Skills, Other, Public Health.
- 1990. MS, Western Oregon University Monmouth, Education, General, Education.
- 1987. BS, Oregon State University, Health Teacher Education, Health, Education.

Fellowships, Internships, Residency

None

Certifications

- 2017. Youth Mental Health First Aid USA: National Council for Behavioral Health
- 2009. Certification in Public Health, CPH: The National Board of Public Health Examiners (NBPHE) offers the Certified
 in Public Health (CPH) credential as the only voluntary core credential for public health professionals. The CPH
 designation demonstrates that an individual graduate from a CE, National Board of Public Health Examiners

Licensures

• 1998 - 2013. 5 Year Professional Teaching License - K-12 Health: Ohio Department of Education

Teaching

- 1) Undergraduate, graduate, and professional courses taught
- 2) Involvement in graduate/professional exams, theses, and dissertations, and undergraduate research
- a) Graduate Students: Number Completed and Number Current

Preceptor for 2 MPH Applied Practice Experience projects
Second Reader for 1 MPH Integrative Learning Experience (final exam)

b) Describe any noteworthy accomplishments of graduate students for whom you have been the advisor of record, for example, publications during or emanating from graduate program, awards for graduate work, prestigious post-docs or first post-graduate positions.

c) Undergraduate Research Mentoring

Mentor for ACEL student 2-year internship. Co-author on student research poster presented at the 2022 Extension Annual Conference.

- d) Describe any noteworthy accomplishments of undergraduate students, in particular related to research, for whom you have been the advisor of record (publications, posters, honors or student awards).
- 3) Involvement with Postdoctoral Scholars and Researchers
- 4) Extension and Continuing Education Instruction

(Note: due to a reporting system issue, teaching events appear in two separate tables and are not listed in chronological order.)

Date	Title	Sponsor	Enr.	% Taught	Candidate's Role	Formal Eval.	Times Offered
2016 APR	(Community-based Youth Nutrition	Ohio State University Extension	90	100	Guest lecturer	No	1
2014 JUL	(* ************************************	Ohio State University Extension	5	100	Resource person		5
2014 MAY	Individual Instruction (Adolescent Nutrition Issues)	Ohio State University Extension	21	100	Faculty mentor and supervisor	No	21
2014 JAN	· · · · · · · · · · · · · · · · · · ·	Ohio State University Extension	14	100	Resource person	No	14
2014 JAN	Individual Instruction: Community (Foods in Schools)	Ohio State University Extension	71	100	Resource person	No	71
2021 JAN - DEC	,	Ohio State University Extension	5	100	Instructor, Resource Person		
2021 FEB - 2021 SEP	Individual Teaching - Graduate Student (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Preceptor for MPH student practicum experience. Mentored student in the development of a guide for regional expansion of a state-level coalition.		25
2017 DEC	Health Promotion Concepts in Action (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	59	45	Guest lecturer	No	1

2017 JAN - 2017 APR	Individual Instruction: community (Foods in Schools)	Ohio State University Extension	14	100	Resource person	No	14
2017 MAR	Individual Instruction: community (Community-based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Resource person	No	1
2017 FEB	Individual Instruction: community (Community-based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Resource person	No	1
2017 FEB	Individual Instruction: MPH student (Foods in Schools)	Ohio State University Extension	1	60	Faculty resource	No	1
2017 FEB	Individual Instruction: Undergraduate Student (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Faculty resource	No	1
2017 JAN	Individual Instruction: community (Community-based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Resource person	No	1
2016 JAN - 2016 DEC	Individual Instruction: community (Foods in Schools)	Ohio State University Extension	54	100	Resource person	No	54
2016 NOV	Individual Instruction: Post-Doctoral Student (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Faculty resource	No	1
2016 MAY - JUL	Individual Instruction: Graduate student (Foods in Schools)	Ohio State University Extension	3	45	Faculty mentor		3
2016 JUN	Individual Instruction (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Resource person	No	1
2016 JUN	Supermarket Smarts (Community- Based Youth Nutrition and Wellness) presented as part of the OSU Your Plan for Health webinar series	Ohio State University Extension	30	45	Webinar co-presenter		1
2016 APR	Individual Instruction (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Resource person	No	1
2016 MAR	Individual Instruction (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension	1	100	Resource person	No	1
2016 MAR	Individual Instruction: Graduate student (Foods in Schools)	Ohio State University Extension	1	100	Content expert	No	1

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2016 MAR	Public Health Opportunities: Making the most of health promotion	Ohio State University	25	100	Guest lecturer	No	1
IVIAN	degrees (Community-based Youth	Extension					
	Nutrition and Wellness)						
2016	Individual Instruction (Community-	Ohio State	3	100	Resource person	No	3
JAN -	Based Youth Nutrition and Wellness)						
MAR		Extension					
2015	Individual Instruction (Adolescent	Ohio State	10	50	Faculty mentor		10
NOV -	Nutrition Issues)	University					
2016		Extension					
MAR				100	<u> </u>		
2016 FEB	Individual Instruction (Community- Based Youth Nutrition and Wellness)	Ohio State	1	100	Resource Person	No	1
LED	based foutil Nutrition and Weilliess)	University Extension					
2016	Individual Instruction: Community	Ohio State	1	100	Content expert and resource person	No	1
JAN	(Foods in Schools)	University		100	content expert and resource person		
	(, , , , , , , , , , , , , , , , , , ,	Extension					
2015	Individual Instruction (Community-	Ohio State	2	100	Resource person	No	1
DEC	Based Youth Nutrition and Wellness)	University			·		
		Extension					
2015	Individual Instruction (Community-	Ohio State	10	100	Resource Person	No	10
JAN -	Based Youth Nutrition and Wellness)						
DEC		Extension					
2015	Individual Instruction (Community-	Ohio State	2	100	Resource person	No	1
NOV	Based Youth Nutrition and Wellness)	-					
2015	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Extension		100			
2015 OCT	Individual Instruction (Community-Based Youth Nutrition and Wellness)	Ohio State	3	100	Resource person		1
OCI	based foutil Nutrition and Weilliess)	Extension					
2015	Individual Instruction (Community-	Ohio State	1	100	Resource person	No	1
SEP	Based Youth Nutrition and Wellness)			100	nesource person		
	,	Extension					
2015	Individual Instruction (Community-	Ohio State	2	100	Resource person	No	1
AUG	Based Youth Nutrition and Wellness)	University					
		Extension					
2015	Individual Instruction (Community-	Ohio State	7	100	Faculty mentor	No	7
JAN -	Based Youth Nutrition and Wellness)	University					
JUL		Extension					
2015	Individual Instruction: Local Foods	Ohio State	2	100	Provided in-person one-on-one	No	3
APR	Grant Writing Technical Assistance	University Extension			technical assistance on grant proposal development.		
2015	(Foods in Schools) Public Health Opportunities	Ohio State	62	100	Guest lecturer	No	1
2015 APR	(Community-based Youth Nutrition	University	02	100	Guest lecturer	INO	
	and Wellness)	J Cr Sity					
2015	Real World Challenges to Survey	Ohio State	26	100	Guest lecturer	Yes	1
APR	Implementation (Community-based	University		-		1	
	Youth Nutrition and Wellness)						
2013	Individual Instruction: (Community-	Ohio State	17	100	Faculty mentor and supervisor	No	17
SEP -	Based Youth Nutrition and Wellness)						
2015		Extension					
APR			_	1			
2014	Real World Challenges to Survey	Ohio State	24	100	Guest lecturer	Yes	1
APR	Implementation (Community-based	University					
	Youth Nutrition and Wellness)			1			

2014 JAN - 2014 APR	based Youth Nutrition and Wellness)	Ohio State University Extension	3	100	Faculty preceptor	Yes	3
2013 AUG - 2014 APR	Based Youth Nutrition and Wellness)	Ohio State University Extension	10	100	Faculty mentor	Yes	10
APR		Ohio State University	38	100	Guest lecturer	Yes	1
		Ohio State University	25	100	Guest lecturer	Yes	1

Extension Programs and Events

Date	Title	Sponsor	Enr.	% Taught	Candidate's Role	Formal Eval.	Times Offered
2022 DEC	Farm to Early Care Training for ECE professional development	Ohio State University Extension State-wide	30	60		No	1
2022 DEC	Farm to ECE Racial Equity Roadmap	Ohio State University Extension National	70	100	Presenter	No	1
2022 OCT	New Farm to Early Care and Education Resources	Ohio State University Extension State-wide	38	10	Co-presenter	No	1
2022 OCT	\$5.40 a Day and the Thrifty Food Plan - FCS Conference	Ohio State University Extension State-wide	65	100	Presenter	No	1
2022 OCT	In-Person Apple Crunch at Devonshire School	Ohio State University Extension County	138	60	Presenter	No	1
2022 OCT	Growing Teachers Throughout the Season	Ohio State University Extension County	46	45	Organizer,Co- presenter	No	1
2022 OCT	Farm to School Incentive Policies	Ohio State University Extension State-wide	46	20	Co-presenter	No	1
2022 OCT	Butler County Water Festival - Session 1	Ohio State University Extension	94	85	Presenter	Yes, teachers completed evaluations for each session.	4
2022 SEP	School Nutrition Association Expo	Ohio State University Extension State-wide	8	100	Presenter, Resource Person	No	1

2022 SEP	Benefits of School Gardens	Ohio State University Extension County	78	100	Presenter	No	1
2022 SEP	Are Healthy Foods "Too Expensive"	Ohio State University Extension State-wide	84	100	Presenter	Yes, OSU Health Plan evaluation	1
2022 AUG	Farm to School - panelist at Virtual Food Service Conference	Ohio State University Extension State-wide	52	30	Co-presenter	Yes, Conference evaluations	1
2022 JUL	Promoting Community Level Change - for Camp Public Health	Ohio State University Extension County	25	100	Presenter	Yes, Camp Public Health progam evaluation.	1
2022 JUL	Individual Teaching - Response to Farm to School inquiry	Ohio State University Extension County	1	100	Presenter	No	1
2022 JUL	Water First for Thirst for Kids - OSU Health Plan Webinar	Ohio State University Extension State-wide	25	100	Presenter	Yes, OSU Health Plan evaluation	1
2022 JUN	Water First for Thirst - for Teen Corps at Franklin Park Conservatory	Ohio State University Extension County	19	100	Presenter	Yes, EEETs	1
2022 JUN	Water First for Thirst - for Green Teens at Highland Youth Garden	Ohio State University Extension County	16	100	Presenter	Yes, EEETs	1
2022 JUN	Farm to School for Project Green Teacher	Ohio State University Extension State-wide	15	100	Presenter	Yes, Project Green Teacher evaluations	1
2022 MAY	Individual Teaching - MPH student survey research and curriculum development	Ohio State University Extension	1	100	Presenter	No	1
2022 APR	Seed Starting Basics	Ohio State University Extension County	30	100	Presenter	No	1
2022 APR	Individual Teaching - Response to Farm to School inquiry	Ohio State University Extension County	2	100	Presenter	No	1
2022 MAR - 2022 DEC	Individual Teaching - MPH student survey research and curriculum development	Ohio State University Extension	23	100	Presenter	No	23
2022 MAR	The 4th H: How Healthy are Ohio's Youth?	Ohio State University Extension	20	25	Co-presenter	Yes,	1

		State-wide				EEETs	
2022 MAR	Ohio Farm to Summer	Ohio State University Extension State-wide	45	100	Presenter	No	1
2022 MAR - 2022 DEC	Farm to School updates and guidance for state and regional networks	Ohio State University Extension State-wide	202	100	Organizer, Presenter, Resource Person	No	4
2022 FEB - 2022 NOV	Thrive to Five Advisory Group	Ohio State University Extension County	15	100	Presenter, Resource Person	No	5
2022 FEB	Health Issues Affecting Youth in Ohio: What Does the Data Show and How Can Extension Respond?	Ohio State University Extension State-wide	11	40	Co-presenter	Yes, In-service evaluation	1
2022 JAN - 2022 OCT	Child Health Issues and Implications for the Growing Healthy Kids Coalition	Ohio State University Extension County	190	100	Presenter, Discussion Leader, Organizer	No	9
2022 JAN - 2022 AUG	FIG Team Leader meeting - updates for other state FIG teams	Ohio State University Extension National	24	100	Presenter	No	3
2022 JAN - 2022 NOV	Individual Teaching - Farm to School Leadership and Funding	Ohio State University Extension County	18	100	Resource Person, Presenter	No	3
2022 JAN	Individual Teaching - Response to Farm to School inquiry	Ohio State University Extension County	3	100	Presenter	No	1
2022 JAN	Individual Teaching - Response to Farm to School inquiry	Ohio State University Extension County	1	30	Presenter	No	1
2022 JAN - 2022 FEB	Farm to Early Care and Education strategies for the Ohio Farm to ECE Coalition	Ohio State University Extension State-wide	27	40	Discussion Leader, Co-presenter	No	2
2022 JAN - 2022 FEB	Individual Teaching - Farm to School Leadership and Funding	Ohio State University Extension County	4	100	Resource Person, Presenter	No	2
2022 JAN	FCS Healthy People Team - child health updates	Ohio State University Extension State-wide	12	100	Presenter, Resource Person	No	1
2022 JAN	Farm to ECE progress in Ohio - presented to FIG grantees	Ohio State University Extension National	46	100	Presenter	No	1
2021 NOV -	Individual Teaching - MPH Student practicum project related to Water First	Ohio State University	3	100	Discussion Leader, Presenter, Resource	Yes	3

2021 DEC	for Thirst	Extension County			Person		
2021 NOV	Seed Starting Basics	Ohio State University Extension None	1	100	Presenter	No	1
2021 OCT	Farm to School roundtable discussions during Ohio FCS Conference	Ohio State University Extension State-wide	42	60	Discussion Leader, Co-presenter	No	1
ОСТ	Individual Teaching - MPH student intro to Extension and Farm to School for potential project	Ohio State University Extension None	1	100	Presenter	No	1
ОСТ	Growing Teachers Throughout the Seasons overview for USDA NIFA project directors	Ohio State University Extension	51	100	Presenter	No	1
	Farm to School Focus Groups - Facilitator Training	Ohio State University Extension None	3	100	Presenter	No	1
SEP	Farm to Early Care and Education Progress in Ohio (presented to CDC- funded program representatives)	Ohio State University Extension National	54	100	Presenter	No	1
	Farm to School Producer Training Updates	Ohio State University Extension State-wide	30	100	Presenter	No	1
JUL	Farm to School and Year Round School Gardens (Presented for the OLSD Garden-Based Learning Program)	Ohio State University Extension County	25	80	Co-presenter	No	1
JUL	Water First for Thirst and Targeted Marketing (Presented to Green Teens and Highland Youth Garden)	Ohio State University Extension County	14	100	Activity Leader, Presenter, Resource Person	Yes, EEETs	1
	Farm to School (for Project Green Teacher)	Ohio State University Extension State-wide	12	100	Presenter, Resource Person	Yes, Host conducted evaluations	1
MAY	How to Facilitate a Coalition Meeting— Do's, don'ts, and best practices! (Invited presentation at the National Guard Drug Demand Reduction Outreach Summit)	Ohio State University Extension National	51	70	Co-presenter, Organizer	Yes, Host organization conducted evaluations.	1
MAR -	Farm to Early Care and Education strategies for the Ohio Farm to ECE Coalition	Ohio State University Extension State-wide	64	100	Discussion Leader, Presenter	No	4
	Farm to School updates and guidance for statewide network	Ohio State University Extension State-wide	140	100	Discussion Leader, Organizer, Presenter	Yes	4

2021 MAR - 2021 MAR	Development	Ohio State University Extension State-wide	8	20	Co-presenter, Resource Person	No	2
2021 FEB - 2021 AUG	Individual teaching - MPH student in Public Health	Ohio State University Extension None	20	100	Presenter, Resource Person	NO	20
2021 FEB	Individual Teaching - Coalition Leadership	Ohio State University Extension County	1	100	Presenter, Resource Person	No	1
2021 FEB - 2021 DEC	Individual Teaching - Farm to School Leadership	Ohio State University Extension County	3	100	Discussion Leader, Resource Person	Yes	3
2021 FEB	Individual Teaching - Extension Educator	Ohio State University Extension County	1	100	Presenter	No	1
2021 JAN - 2021 DEC	Child Health Issues and Implications for the Growing Healthy Kids Coalition	Ohio State University Extension County	218	100	Discussion Leader, Organizer, Presenter	No	12
2021 JAN	Individual teaching - MPH/PhD student in Public Health	Ohio State University Extension None	1	100	Presenter	No	1
2021 JAN	Individual teaching	Ohio State University Extension None	1	100	Presenter	No	1
2020 JUN - 2020 NOV	Individual Teaching - Farm to School Leadership	Ohio State University Extension	6	100		No	6
2020 JUN	Farm to School Initiatives and Research for Project Green Teacher	Ohio State University Extension County	45	100	Presenter	Yes. Conducted by PGT organizers.	1
2020 MAY - 2020 AUG	Growing Healthy Kids in the midst of the COVID-19 Pandemic - presentation to GHKC coalition	Ohio State University Extension County	68	100	Discussion Leader, Presenter	No	4
2020 MAY	Farm to School overview for SNAP-Ed PSE Specialists	Ohio State University Extension State-wide	5	100	Presenter	No	1
2020 MAR - 2020 OCT	Individual Teaching - MPH Student survey research culminating project	Ohio State University Extension County	18	100	Discussion Leader, Presenter, Resource Person	No	18
2020 MAR - 2020 JUN	Farm to Early Care and Education strategies for "CollN" coalition	Ohio State University Extension State-wide	26	100	Organizer, Presenter	No	3

2020 MAR	Sun Safety Instruction for Youth - FCS Panel Discussion	Ohio State University Extension State-wide	11	25	Co-presenter	No	1
2020 MAR - 2020 DEC	Farm to School Updates for statewide network	Ohio State University Extension State-wide	109	100	Organizer, Presenter	Yes	5
2020 FEB	Individual Teaching - Farm to School	Ohio State University Extension County	1	100	Discussion Leader, Presenter, Resource Person	No	1
2020 FEB	Individual Teaching - Kids Care Academy re Farm to Early Care and Education activities	Ohio State University Extension County	3	100	Discussion Leader, Resource Person	No	1
2020 FEB	Tap Water Education - Resource Development for Growing Healthy Kids Columbus Coalition	Ohio State University Extension County	23	100	Presenter, Discussion Leader	Yes	1
2020 FEB - 2020 MAY	Individual Teaching - MPH student evaluation project	Ohio State University Extension None	7	100	Discussion Leader, Organizer, Resource Person	No	7
2020 FEB	Buckeye Wellness Innovator Program presented to FCS Healthy People Team	Ohio State University Extension State-wide	12	100	Presenter	Yes	1
2020 JAN	Eating Healthy on \$1.50 per Meal	Ohio State University Extension	10	100	Presenter	Yes, Peer Reviewed by Dr. Chris Taylor	1
2020 JAN	Farm to Early Care and Education Equity Workshop	Ohio State University Extension State-wide	11	30	Organizer, Presenter	No	1
2020 JAN	Individual Teaching - Extension's connection with Public Health (2nd year MPH student)	Ohio State University Extension County	1	100	Presenter	No	1
2020 JAN	Guidelines for Professional Association Sponsorships presented to FCS Healthy People Team	Ohio State University Extension State-wide	12	100	Presenter	Yes	1
2020 JAN	Health: Promoting the 4th H at Your Fair	Ohio State University Extension State-wide	48	85	Activity Leader, Organizer, Presenter	Yes, EEETs	1
2019 DEC	Farm to Early Care and Education - Advancing social and racial equity in Ohio - Copy	Ohio State University Extension State-wide	9	100	Presenter	No	1
2019 OCT	Eating Healthy on \$4.50 a Day in Columbus, Ohio	Ohio State University Extension	16	100	Presenter	No	1

		County					
2019 OCT	Eating Healthy on \$4.50 a Day in Columbus, Ohio	Ohio State University Extension County	27	100	Discussion Leader, Presenter	No	1
2019 SEP	Farm to Early Care and Education - Advancing social and racial equity in Ohio	Ohio State University Extension National	72	100	Presenter	No	1
2019 SEP	Ohio Farm to School Activities (USDA Regional Community Nutrition Program Meeting)	Ohio State University Extension Region	40	100	Presenter	No	1
2019 JUL	Farm to School Act update for School Gardens of Ohio	Ohio State University Extension State-wide	8	100	Presenter	No	1
2019 MAY	Farm to School (Franklin Co Food Policy Council)	Ohio State University Extension County	26	100	Presenter	No	1
2019 MAR	E-Cigarettes-Myths vs. Facts	Ohio State University Extension State-wide	55	15	Co-presenter	Yes, Conference evaluations	1
2019 MAR	4-H Health Heroes - Promoting Youth Health Advocacy	Ohio State University Extension State-wide	28	45	Activity Leader, Co- presenter	Yes, Conference evaluations	1
2019 MAR	Blender Bikes-Blending Nutrition and Physical Activity	Ohio State University Extension State-wide	45	45	Activity Leader, Co- presenter	Yes, Conference evaluations	1
2019 MAR - 2019 DEC	Ohio Farm to School Advisory	Ohio State University Extension State-wide	80	100	Discussion Leader, Presenter	No	4
2019 FEB	Farm to School for Project Green Teacher	Ohio State University Extension County	15	100	Presenter	No	1
2019 FEB	Farm to Early Care and Education - state network	Ohio State University Extension State-wide	7	100	Discussion Leader, Presenter	No	1
2019 JAN - 2019 APR	Addressing Targeted Marketing	Ohio State University Extension County	46	100	Presenter, Discussion Leader	No	2
2019 JAN - 2019 NOV	Healthy Living Advocate Training	Ohio State University Extension State-wide	138	45	Activity Leader, Discussion Leader, Presenter, Co- presenter	No	7

2019 JAN	Water First for Thirst and Blender Bike (St Andrews Health Day)	Ohio State University Extension County	193	75	Activity Leader, Presenter, Organizer	No	1
2019 JAN	Water First for Thirst	Ohio State University Extension County	15	70	Activity Leader, Presenter	No	1
2019 JAN	Water First for Thirst (Butler Co. Water Festival)	Ohio State University Extension County	125	75	Activity Leader, Co- presenter	Yes, Teachers from each student group completed session evaluations.	1
2019 JAN	Food for Thought: Eating a Healthy Diet for \$1.50 per Meal (Local Matters)	Ohio State University Extension County	48	100	Presenter	Yes, EEETs	1
2018 DEC	Farm to School Program Updates (Foods in Schools)	Ohio State University Extension State-wide	17	100	Discussion Leader, Presenter	No	1
2018 DEC	Family Meals Promotion (Child and Adolescent Health Issues)	Ohio State University Extension State-wide	15	100	Activity Leader, Presenter	No	1
2018 NOV	PSE READI Tool Training (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension State-wide	27	35	Co-presenter	No	1
2018 SEP - 2018 NOV	4-H Health Hero Training: Bender Bike – blending nutrition and physical activity (Child and Adolescent Health Issues)	Ohio State University Extension EERA	32	100	Activity Leader, Presenter	No	2
2018 SEP - 2018 NOV	4-H Health Hero Training: Levels of Community Change (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension EERA	32	100	Activity Leader, Presenter	No	2
2018 SEP - 2018 NOV	4-H Health Hero Training: Intro to public health issues facing the US, Ohio, and youth (Child and Adolescent Health Issues)	-	32	100	Activity Leader, Presenter	No	2
2018 SEP	Program to Policy Training at Columbus Public Health (Community-Based Youth Nutrition and Wellness)		81	100	Organizer, Presenter	No	1
2018 SEP	Farm to School Positions in State-Level Agencies and Extension (Foods in Schools)	Ohio State University Extension State-wide	28	100	Presenter	No	1
2018 SEP	Webinar: Using DoD Fresh to Enhance F2S (Foods in Schools)	Ohio State University Extension State-wide	12	35	Co-presenter, Organizer	No	1

2018 AUG	•	Ohio State University Extension State-wide	48	75	Activity Leader, Co- presenter	No	1
2018 AUG	,	Ohio State University Extension County	73	80	Activity Leader, Co- presenter	No	1
2018 JUL	Physical Activity for Femergy's Chica Sports & Fitness Summer Camp 2018	Ohio State University Extension County	32	100	Activity Leader, Presenter	No	1
2018 JUL	Blender Bike: Blending Nutrition and Physical Activity for Camp Public Health (Child and Adolescent Health Issues)	Ohio State University Extension County	21	100	Activity Leader, Presenter	No	1
2018 JUL	for Camp Public Health (Child and	Ohio State University Extension County	21	100	Presenter	No	1
2018 JUL	Marketing and Unsweetened Options for Teen Corps at Franklin Park (Child	Ohio State University Extension County	16	70	Activity Leader, Co- presenter, Discussion Leader	No	1
2018 FEB	tool for Teaching about the Opioid Epidemic (Child and Adolescent Health	Ohio State University Extension National	92	25	Activity Leader, Co- presenter	No	1
2018 FEB	The "4th H": Healthy Living at the County Level (Child and Adolescent Health Issues)	Ohio State University Extension State-wide	5	30	Discussion Leader, Co-presenter	No	1
2018 JAN	(Foods in Schools)	Ohio State University Extension State-wide	52	80	Co-presenter, Organizer	Yes, Peer evaluation letter.	1
2018 JAN	Activity: An Activity Guide for Use with	Ohio State University Extension State-wide	67	40	Co-presenter	No	1
2018 JAN	Network webinar series (Foods in	Ohio State University Extension National	404	100	Presenter	No	1
2017 OCT	Specialists session at the All-FCS Conference (Foods in Schools)	Ohio State University Extension State-wide	25	25	Organizer, Co- presenter	Yes	1
2017 APR		Ohio State University Extension		60	Discussion Leader, Co-presenter	No	1
2017 APR	Nutrition Issues)	Ohio State University Extension County		100	Activity Leader, Presenter	Yes	2

2017	A Discussion of Dreamland: FCS's	Ohio State		60	Discussion Leader,	No	1
APR	response to the Opiate Epidemic (Adolescent Health Issues)	University Extension			Co-presenter		
2017 APR	Water First for Thirst presented at Youth to Youth Workshop (Adolescent Nutrition Issues)	Ohio State University Extension County		100	Activity Leader, Presenter	Yes	2
2017 APR	Ways to Partner with Extension presented to the US Health and Human Services Adolescent Health Working Group (Adolescent Nutrition Issues)	Ohio State University Extension		40	Co-presenter	No	1
2017 APR	Ways to Partner with Extension presented to the US Health and Human Services Adolescent Health Working Group (Adolescent Nutrition Issues)	Ohio State University Extension		40	Co-presenter	No	1
2017 MAR	Next Steps for OSU Extension: Taking Action to Combat Ohio's Opioid Epidemic (Adolescent Health Issues)	Ohio State University Extension State-wide		15	Organizer, Co- presenter, Resource Person	No	1
2017 MAR	Next Steps for OSU Extension: Taking Action to Combat Ohio's Opioid Epidemic (Adolescent Health Issues)	Ohio State University Extension State-wide		15	Organizer, Co- presenter, Resource Person	No	1
2017 MAR	Statewide Farm to School Advisory Group updates and strategic planning (Foods in Schools)	Ohio State University Extension State-wide	11	100	Discussion Leader, Presenter	No	1
2017 MAR	Statewide Farm to School Advisory Group updates and strategic planning (Foods in Schools)	Ohio State University Extension State-wide	11	100	Discussion Leader, Presenter	No	1
2017 MAR	Research and Program Update for the FCS Healthy Relationships Team (Foods in Schools)	Ohio State University Extension		100	Presenter	No	1
2017 MAR	Research and Program Update for the FCS Healthy Relationships Team (Foods in Schools)	Ohio State University Extension		100	Presenter	No	1
2017 MAR	Growing Healthy Kids Columbus Steering Committee (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County		100	Discussion Leader	No	1
2017 MAR	Growing Healthy Kids Columbus Steering Committee (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County		100	Discussion Leader	No	1
2017 MAR	Healthy Living Advocate training sessions offered at the Ohio 4-H Conference (Adolescent Nutrition Issues)	Ohio State University Extension State-wide	82	40	Activity Leader, Co- presenter	Yes	5
2017 MAR	Healthy Living Advocate training sessions offered at the Ohio 4-H Conference (Adolescent Nutrition Issues)	Ohio State University Extension State-wide	82	40	Activity Leader, Co- presenter	Yes	5
2017 MAR	Project Green Teacher (Foods in Schools)	Ohio State University	10	100	Presenter	Yes	1

		Extension	1				
2017	Project Green Teacher (Foods in	Ohio State	10	100	Presenter	Yes	1
MAR	,	University	10	100	riesenter	163	ľ
IVIAIN	•	Extension					
2017		Ohio State		100	Discussion Leader,	No	1
FEB		University		100	Presenter		ľ
		Extension			resenter		
2017	Sharing Healthy Gathering Resources	Ohio State		100	Discussion Leader,	No	1
FEB		University		100	Presenter	INO	
1 20	, ,	Extension			resenter		
2017	Water First for Thirst at the National	Ohio State	6	45	Activity Loador Co	Yes	1
FEB		University	0	45	Activity Leader, Co- presenter	res	ľ
LLD	(Adolescent Nutrition Issues)	Extension			presenter		
2017	,		-	4.5	A stirite de sala a Ca	Vaa	1
2017	Water First for Thirst at the National	Ohio State	6	45	Activity Leader, Co-	Yes	1
FEB	1	University			presenter		
	'	Extension	-				
2017	Evaluation Planning for the Healthy	Ohio State		100	Resource Person	No	1
FEB	Gatherings program (Community-Based	-					
		Extension					
2017	Evaluation Planning for the Healthy	Ohio State		100	Resource Person	No	1
FEB	Gatherings program (Community-Based	-					
	,	Extension					
2017		Ohio State		10	Resource Person	No	1
JAN	1 ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '	University					
	Based Youth Nutrition and Wellness)	Extension					
2017	Ohio 4-H and Extension's Response to	Ohio State		10	Resource Person	No	1
JAN		University					
	Based Youth Nutrition and Wellness)	Extension					
2017	Ohio Days Kick-Off (Foods in Schools)	Ohio State	15	100	Resource Person	No	1
JAN		University					
		Extension					
2017	Ohio Days Kick-Off (Foods in Schools)	Ohio State	15	100	Resource Person	No	1
JAN		University					
		Extension					
2017	State of the District 2017 - Columbus	Ohio State		100	Resource Person	No	1
JAN	City Schools: Our Success is Building	University					
	(Foods in Schools)	Extension					
		County					
2017	State of the District 2017 - Columbus	Ohio State		100	Resource Person	No	1
JAN	I -	University					
	(Foods in Schools)	Extension					
		County					
2017	Levels of Community Change for Falls	Ohio State	8	100	Activity Leader,	Yes	1
JAN		University			Presenter		
	Nutrition and Wellness)	Extension					
2017	Levels of Community Change for Falls	Ohio State	8	100	Activity Leader,	Yes	1
JAN	Prevention (Community-Based Youth	University			Presenter		
	Nutrition and Wellness)	Extension					
2016	"Growing County Healthy Living	Ohio State	8	100	Co-presenter	Yes	1
DEC		University					
		Extension					
	Nutrition Issues)	State-wide	L				
2016	Sodabriety: Adolescents as consumers,	Ohio State		100	Presenter	Yes	1
DEC	1	University					
	(Adolescent Nutrition Issues)	Extension					

2016	Droject Green Teacher /Foods in	Ohio State	1	100	Presenter	Yes	1
NOV	Project Green Teacher (Foods in Schools)	University		100	Presenter	res	1
INOV	Schools	Extension					
2016	Make Sinck for Think and a state		20	60	C	V	4
2016 NOV	Water First for Thirst presented at the Ohio 4-H Teen Health Summit	Ohio State	30	60	Co-presenter	Yes	1
NOV	(Adolescent Nutrition Issues)	University Extension					
2016	,		4.4		C	Vaa	1
2016 NOV	Increasing Water Intake Among	Ohio State	14	55	Co-presenter	Yes	1
INOV	Adolescents (Adolescent Nutrition Issues)	University Extension					
2215	,		-				
2016	Sodabriety: Reducing consumption of	Ohio State		100	Presenter	No	1
NOV	soda and other sweetened beverages	University					
	(Community-Based Youth Nutrition and Wellness)	extension					
2215	<u>'</u>						
2016	Sodabriety - presented at Ohio Action	Ohio State	17	100	Presenter	No	1
NOV	for Healthy Kids training	University					
		Extension	-				
2016	, , ,	Ohio State	15	100	Presenter	No	1
NOV	soda and other sweetened beverages	University					
	(Community-Based Youth Nutrition and	Extension					
	Wellness)						-
2016	Benefits of Farm to School presented to			100	Presenter, Resource	No	1
NOV	Columbus City Council (Foods in	University			Person		
	Schools)	Extension					
2016	Levels of Community Change –	Ohio State	20	55	Co-presenter	Yes	1
ОСТ	foundations of PSEs and social	University					
	ecological models through a game	Extension					
	(Community-Based Youth Nutrition and						
	Wellness)						
2016	Ohio Teen Health Summit planning	Ohio State	6	100	Discussion Leader,	No	1
ОСТ	guidance (Adolescent Nutrition Issues)	University			Co-presenter		
		Extension					
2016	Columbus City Schools Farm to School	Ohio State	3	100	Resource Person	No	1
ОСТ	Workgroup (Foods in Schools)	University					
		Extension					
2016	Oakwood City Schools Board of	Ohio State	10	80	Co-presenter,	No	1
OCT	Education Meeting (Foods in Schools)	University			Resource Person		
		Extension					
2016	School Garden Successes Across the US	Ohio State	25	100	Presenter	Yes	1
OCT		University					
	Conference (Foods in Schools)	Extension					
		County					
2016	, 0	Ohio State	45	100	Resource Person	No	1
ОСТ	(Foods in Schools)	University					
		Extension					
2016	Farm to School update for FCS Program	Ohio State		100	Presenter	No	1
OCT	Administrative Team (Foods in Schools)	University					
		Extension					
		State-wide					
2016	Farm to School Presentations at Farm	Ohio State	86	100	Presenter, Resource	Yes	9
OCT -	to School Regional Workshops (Foods	University			Person		
2016	in Schools)	Extension					
ОСТ		County					
2016	Statewide Farm to School Advisory	Ohio State		100	Presenter	No	2
SEP	Group updates and strategic planning	University					
1	(Foods in Schools)	Extension	1	1			1

2016	Growing Health Kids Columbus	Ohio State		100	Presenter	No	1
SEP	Coalition (Community-Based Youth	University		100	riesentei	NO	1
-	Nutrition and Wellness)	Extension					
2016	Growing Health Kids Columbus	Ohio State		100	Presenter	No	1
SEP	Coalition (Community-Based Youth	University		100	resenter		
	Nutrition and Wellness)	Extension					
2016	Using Policy Systems and	Ohio State		60	Activity Leader,	Yes	1
JUL	Environmental Change (PSE)	University			Discussion Leader,		
	Interventions to Build Healthy	Extension			Co-presenter		
	Communities (Community-Based Youth						
	Nutrition and Wellness)						
2016	Camp Public Health OSU Day: An	Ohio State		60	Organizer, Co-	Yes	1
JUL	introduction to public health research	University			presenter		
	and teaching at OSU (Adolescent	Extension					
	Nutrition Issues)	County					
2016	_	Ohio State		60	Organizer, Co-	Yes	1
JUL	Physical Activity (Adolescent Nutrition	University			presenter		
	Issues)	Extension					
		County					
2016	Artificial Sweeteners (Community-	Ohio State		45	Co-presenter	No	1
JUN	Based Youth Nutrition and Wellness)	University					
	presented to the Growing Healthy Kids Columbus Coalition	Extension					
2016		Ohio State	48	60	Commonantor	Voc	2
JUN	Life After Soda presented at the Youth to Youth International Health	University	48	60	Co-presenter	Yes	2
JOIN	Conference (Adolescent Nutrition	Extension					
	Issues)	LATCHSION					
2016	Farm to School Progress (Foods in	Ohio State		65	Co-presenter	No	1
JUN	Schools) presented to the Ohio Farm to			03	co presenter	110	
	School Advisory Group	Extension					
2016	Farm to School presented at the Ohio	Ohio State		100	Resource Person	No	1
JUN	*	University					
	Success Workshop (Foods in Schools)	Extension					
2016	Supermarket Smarts: An OSU Your Plan	Ohio State		45	Co-presenter	No	1
JUN	for Health Healthy Eating Webinar	University					
	(Community-Based Youth Nutrition and	Extension					
	Wellness)						
2016	In It to Win It: Collaborate to Succeed	Ohio State		25	Co-presenter	No	1
JUN	in Creating a Healthy Local Food System	-					
	(Foods in Schools)	Extension					
		National	<u> </u>				
2016	,	Ohio State	21	100	Discussion Leader,	No	1
MAY	,	University			Presenter		
		Extension		4.5.			_
2016	, ,	Ohio State		100	Presenter	No	1
MAY	* *	University					
2016	,	Extension	20	75	A salti dan di sessi di C	NI-	2
2016	Smoothie Bike Nutrition (Adolescent	Ohio State	26	75	Activity Leader, Co-	No	2
MAR	Nutrition Issues)	University Extension			presenter		
2016	Levels of Community Change		12	75	Activity Loader Co	No	1
2016 MAR	(Community-Based Youth Nutrition and	Ohio State University	13	75	Activity Leader, Copresenter	INO	
I A I CALL		Extension			presenter		
2016	Water First for Thirst (Adolescent	Ohio State	25	45	Activity Leader, Co-	Yes	1
	1		23	7.5		1.03	1
MAR	Nutrition Issues)	University			presenter		

		Extension					
2016 MAR	Healthy Living Advocates as Teachers (Adolescent Nutrition Issues)	Ohio State University Extension		45	Co-presenter	No	1
2016 MAR	Couch Potatoes or Jumping Beans? Promoting Healthy Living in Your Club and Community (Adolescent Nutrition Issues)	Ohio State University Extension	12	100	Activity Leader, Co- presenter	Yes	1
2016 FEB	Water First for Thirst (Adolescent Nutrition Issues)	Ohio State University Extension National	48	30	Activity Leader, Co- presenter	No	3
2016 JAN - 2016 FEB	Research Update and Coalition Strategy Planning (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County		100	Discussion Leader, Presenter, Resource Person	No	2
2016 JAN	Water First for Thirst - Teaching Demonstration (Adolescent Nutrition Issues)	Ohio State University Extension	16	70	Activity Leader, Organizer, Co- presenter	No	2
2016 JAN	It's the 4th H: why focus on Healthy Living and teens' role as teachers (Adolescent Nutrition Issues)	Ohio State University Extension	4	50	Activity Leader, Organizer, Co- presenter	No	1
2015 DEC - 2015 DEC	It's the 4th H: why focus on Healthy Living and teens' role as teachers (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension		50	Activity Leader, Organizer, Co- presenter	No	2
2015 DEC - 2015 DEC	Levels of Community Change (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension		50	Activity Leader, Organizer, Co- presenter	No	2
2015 DEC - 2015 DEC	Advocacy 101 (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	11	50	Activity Leader, Organizer, Co- presenter	No	3
2015 DEC - 2015 DEC	Action Planning for Healthy Living Advocates (Adolescent Nutrition Issues)	Ohio State University Extension		50	Activity Leader, Organizer, Co- presenter	No	2
2015 NOV	Levels of Community Change; Promoting Local Foods at the Community Level (Foods in Schools)I	Ohio State University Extension	15	80	Co-presenter	Yes	1
2015 NOV	4-H Professionals Update (Adolescent Nutrition Issues)	Ohio State University Extension		40	Co-presenter	No	1
2015 OCT	Benefits of Drinking Water - Butler County Water Festival (Adolescent Nutrition Issues)	Ohio State University Extension County	22	70	Activity Leader, Co- presenter	No	5
2015 OCT	Farm to School State and National Updates (Foods in Schools)	Ohio State University Extension State-wide		100	Presenter	No	1
2015 OCT	Farm to School Policy Primer (Foods in Schools)	Ohio State University Extension		100	Discussion Leader, Presenter	No	1

2015	Levels of Community Change;	Ohio State		100	Activity Leader, Co-	No	1
SEP	Promoting Local Foods at the Community Level (Foods in Schools)	University Extension			presenter		
2015 SEP	Levels of Community Change; Promoting Local Foods at the Community Level	Ohio State University Extension		100	Activity Leader, Co- presenter	No	1
2015 AUG	Youth Voice: Youth Choice Training (Adolescent Nutrition Issues)	Ohio State University Extension	2	50	Discussion Leader, Co-presenter	No	1
2015 AUG	Adding a Youth Flavor to Local Foods: Ohio Farm to School (Foods in Schools)	Ohio State University Extension	14	75	Co-presenter	No	1
2015 AUG - 2015 NOV	Healthy Eating Active Living Advisory Board (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	21	100	Resource Person	No	3
2015 JUL - JUL	Water First for Thirst for Cloverbuds (Adolescent Nutrition Issues)	Ohio State University Extension	31	100	Activity Leader	No	2
2015 JUL	Research Update and Coalition Strategy Planning (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension		100	Discussion Leader, Presenter, Resource Person	No	1
2015 JUL	The 4th "H" Stands for Health: How Extension Promotes "Water First for Thirst" (Adolescent Nutrition Issues)	Ohio State University Extension		60	Activity Leader, Co- presenter	No	1
2015 JUL	OSU Extension: Research and public health outreach to all 88 counties in Ohio (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County		100	Discussion Leader, Organizer, Presenter	No	1
2015 JUN	Evidence-Based Nutrition Interventions: Where do we stand? (Community-Based Youth Nutrition & Wellness)	Ohio State University Extension County		45	Co-presenter	No	1
2015 JUN	Farm to School Program Challenges (Foods in Schools)	Ohio State University Extension	8	100	Discussion Leader, Organizer, Presenter	No	1
2015 MAY	RE-AIM Framework: Choosing Evidence-Based Interventions (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	16	40	Co-presenter	No	1
2015 MAY	Water First for Thirst Youth Activity Day (Adolescent Nutrition Issues)	Ohio State University Extension		100	Presenter	No	1
2015 APR - 2015 MAY	Introduction to Using Evidence-Based Strategies at the Community Level (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County		45	Co-presenter	No	2
2015 APR	Introduction to Using Evidence-Based Strategies at the Community Level (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	18	45	Co-presenter	No	1
2015 APR	Farm2Table Luncheon (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension County	132	30	Discussion Leader	No	1

2015 MAR	Expanding Farm to School: Opportunities for the Allen County	Ohio State University		100	Presenter	Yes	1
	School Wellness Policy Council (Foods in Schools)	Extension County					
2015 MAR	Water First for Thirst: Youth Advocacy for Healthier Beverages (Adolescent Nutrition Issues)	Ohio State University Extension		45	Co-presenter	Yes	1
2015 MAR	FFA Leadership in the Lunchroom (Foods in Schools)	Ohio State University Extension		100	Presenter	No	1
2015 MAR	Ohio Farm to School Accomplishments and Challenges presented at the Ohio Farm to School Conference (Foods in Schools)	Ohio State University Extension		100	Discussion Leader, Organizer, Presenter	Yes	1
2014 DEC - 2015 APR	Water First for Thirst Youth Leadership Training (Adolescent Nutrition Issues)	Ohio State University Extension	13	30	Discussion Leader, Co-presenter	No	4
2014 DEC	Western Ohio Farm to School Regional Workshop (Foods in Schools)	Ohio State University Extension	37	100	Organizer, Presenter	Yes	1
2014 OCT	Central Ohio Farm to School Regional Workshop (Foods in Schools)	Ohio State University Extension County	45	100	Organizer, Presenter, Resource Person	Yes	1
2014 SEP - 2014 OCT	Pairing policy and environment change with education (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County	25	50	Organizer, Co- presenter	Yes	2
2014 SEP	Northeast Ohio Farm to School Regional Workshop (Foods in Schools)	Ohio State University Extension County		100	Organizer, Presenter	Yes	1
2014 AUG	Individual Instruction (Foods in Schools)	Ohio State University Extension	1	100		No	1
2014 JUN	Individual Instruction (Adolescent Nutrition Issues)	Ohio State University Extension	2	100	Resource Person	No	1
2014 JUN	Sodabriety - Promoting Healthier Beverage Consumption (Adolescent Nutrition Issues)	Ohio State University Extension		100	Presenter	Yes	2
2014 JUN	State and National Farm to School Updates (Foods in Schools)	Ohio State University Extension		100	Organizer, Presenter	Yes	1
2014 JUN - OCT	Ohio Farm to School Statewide Advisory Group (Foods in Schools)	Ohio State University Extension	23	100	Discussion Leader, Organizer, Presenter, Resource	No	2
2014 MAY - JUN	Individual Instruction (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension		100	Resource Person	No	2
2014 APR - JUN	State and National Farm to School Updates (Foods in Schools)	Ohio State University Extension	50	100	Organizer, Presenter	Yes	4

2014 APR	Local Foods Procurement and Farm to School Classroom Activities (Foods in Schools)	Ohio State University Extension County		100	Organizer, Presenter	Yes	1
2014 APR	State and National Farm to School Updates (Foods in Schools)	Ohio State University Extension State-wide		100	Organizer, Presenter	Yes	3
2014 APR	Farm to School in the Classroom (Foods in Schools)	Ohio State University Extension		100	Organizer, Presenter	Yes	1
2014 MAR	Farm to School (Foods in Schools)	Ohio State University Extension State-wide		100	Presenter	Yes	1
2014 MAR	Sodabriety - How youth can promote better beverage choices (Adolescent Nutrition Issues)	Ohio State University Extension	12	100	Presenter	Yes	1
2014 FEB	Farm to School Organization, Objectives, and Activities (Foods in Schools)	Ohio State University Extension State-wide		75	Co-presenter	No	1
2014 JAN - 2014 JUL	Individual Instruction (Farm to School)	Ohio State University Extension EERA		100	Resource Person	No	6
2014 JAN - 2014 MAY	Individual Instruction (Foods in Schools)	Ohio State University Extension	1	100	Resource Person	No	4
2013 DEC	Extension Annual Conference Poster (Foods in Schools)	Ohio State University Extension	40	85	Author, Co- presenter	No	1
2013 DEC - 2014 JUN	Presentation of research findings to Obesity Prevention Coalition (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	22	100	Discussion Leader, Presenter	Yes	4
2013 NOV	All FCS Nutrition Conference - Local Foods session (Foods in Schools)	Ohio State University Extension		50	Co-presenter	No	1
2013 OCT	Farm to School Great Lakes Regional Meeting (Foods in Schools)	Ohio State University Extension	48	20	Co-presenter	No	1
2013 OCT	Food Day Panel Presentation, University of Akron School of Law (Foods in Schools)	Ohio State University Extension		20	Co-presenter	No	1
2013 OCT	Farm to School Month Food Day Event (Foods in Schools)	Ohio State University Extension	60	50	Organizer, Co- presenter, Resource Person	No	1
2013 OCT	Ohio Department of Education Food Service Management Conference (Foods in Schools)	Ohio State University Extension	20	100	Presenter	No	1
2013 OCT	Farm to School Update for Miami Valley EERA FCS (Foods in Schools)	Ohio State University Extension		100	Discussion Leader, Presenter	No	1

2013 OCT	Farm to School Update for FCS Educators (Foods in Schools)	Ohio State University Extension		100	Presenter	No	1
2013 OCT	Ohio Farm to School Statewide Advisory Group (Foods in Schools)	Ohio State University Extension State-wide		100	Discussion Leader, Presenter	No	1
2013 OCT	Presentation of Research Findings to PRC Steering Committee (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension		100	Discussion Leader, Presenter	No	1
2013 SEP	Obesity Prevention Coalition Training (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension		100	Discussion Leader, Presenter	No	1
2013 SEP	Activate Allen County Health Summit (Foods in Schools, and Community- Based Youth Nutrition and Wellness)	Ohio State University Extension		100	Presenter	No	1
2013 AUG	Farm to School Great Lakes Region Webinar (Foods in Schools)	Ohio State University Extension Region		100	Co-presenter	No	1
2013 JUL	Farm to School Update for EFNEP Program Specialists (Foods in Schools)	Ohio State University Extension	8	100	Discussion Leader, Presenter	No	1
2013 JUN - 2014 JUN	Ohio Farm to School Statewide Advisory Group Annual Update (Foods in Schools)	Ohio State University Extension	11	100	Discussion Leader, Organizer, Presenter	No	2
2013 JUN	Promising Practices in Youth Wellness and Nutrition (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension County		100	Presenter	No	1
2013 APR	Guest Lecture: "Community-Based Efforts in Public Health" (Community- Based Youth Nutrition and Wellness)	Ohio State University Extension		100	Lecturer	Yes	1
2013 APR - 2014 APR	Guest Lecture - "Real-World challenges to survey implementation" (Community-Based Youth Nutrition and Wellness)	Ohio State University Extension	21	100	Lecturer	Yes	2

5) Curriculum Development

In May 2020, funding began for the USDA NIFA-funded "Growing Teachers throughout the Seasons" (GTS) curriculum development project, for which I am the Principal Investigator. Throughout 2021, I led weekly project meetings to advance development of content for the 18 modules. We continued to develop demonstration plots used for curriculum development and implementation at Franklin County Extension and community sites. Focus groups held in Fall 2021 and February 2022 yielded very useful feedback from educators. An assistant editor was hired to coordinate the design of GTS materials and work with OSU Publications. An initial draft of GTS is being tested by 46 teachers enrolled in our IRB-approved pilot. Curriculum development activities and research findings have been presented at 1 local-level training, 3 state-level conferences, 2 national-level conferences, and 1 international conference.

Additionally, I submitted revisions to the "Tracking Your Health" project book to the 4-H Healthy Living Design Team (2022 Performance Goal).

6) Brief Description of your approach to and goals in teaching, major accomplishments, plans for in teaching None

7) Evaluation of Teaching

None

8) Awards and Formal Recognition for Teaching

- 2022 Team Teaching, Multidisciplinary All Extension Members, 1st place, Ohio Joint Council of Extension Professionals (JCEP), Ohio State University
- 2020 University Initiative for Teaching and Learning, Components 1 & 2, University Initiative for Teaching and Learning, Ohio State University
- 2019. Team Teaching Award, Extension and Non-Extension Collaborators, Honorable Mention, Joint Council of Extension Professionals, Ohio State University
- 2016 Present. Multidisciplinary Team Teaching Award 2nd Place, Presented to the Ohio 4-H Healthy Living Advocate Program (Smathers and Ferrari), Joint Council of Extension Professionals (JCEP)
- 2015 Team Teaching Award 3rd Place, presented to Camp Public Health-OSU Day, Epsilon Sigma Phi, Joint Council of Extension Professionals (JCEP)
- 2015 Team Teaching Award; Multi-disciplinary All Extension Members (3 team members) 1st Place, presented for Water First for Thirst, Epsilon Sigma Phi, Joint Council of Extension Professionals (JCEP)

9) Other Academic Advising

None

10) Teaching Professional Development

1. Fundamentals of Racial Justice Facilitation (12 hours), Interaction Institute for Social Change.

https://interactioninstitute.org/training/fundamentals-of-facilitation-for-racial-justice-work/

- 2. 2022 Other Professional Development and training webinars:
 - OSU Anti-Racism Book Club: "Stamped from the Beginning"
 - Inclusive and Equitable Hiring Practices training (Leo Taylor)
 - Implicit Bias training Kirwin Institute
 - Food for Freedom: A Black History Month Experience
 - Making Sense of the Census: Census 2020 A Decade of Incredible Growth and Change in Central Ohio
- Jul 2021, Healthy and Equitable Communities (4 hours on 4 days; 16 hours total) (Endorsement: None), Ohio Department of Health
- 4. Jan 2021, National Day of Racial Healing; Discussion of film "13th" (Endorsement: None), CFAES Office of Diversity, Equity, and Inclusion IMPACT: CFAES colleagues engaged around the topic of racial healing in a variety of ways starting with a facilitated discussion. In 13th, filmmaker Ava DuVernay addresses the history of racial inequality in the United States, focusing on the fact that the nation's prisons are disproportionately filled with African Americans.
- 5. Jun 2020, The Role of the Land-Grant University in Addressing Racial Tensions, OSU Extension Office of Diversity and Inclusion
- 6. Dec 2020, Ohio Ethics Law (Endorsement: None), Office of University Compliance and Integrity
- 7. Nov 2020, Workday Trainings (various topics, including Manager and Principal Investigator, November December) (Endorsement: None), Enterprise Project
- 8. May 2020, Self-study on antiracism beginning in May 2020 (Endorsement: None) Read books, viewed videos, and attended discussion groups and rallies to learn more about addressing racism in my work and community.
- Apr 2020, Staying Calm and Well in the Midst of the COVID-19 Storm Webinar Series 1 & 2 (April 8-Sept 23) (Endorsement: None), College of Nursing
- 10. Mar 2020, University Initiative for Teaching and Learning (Endorsement: Teaching Support Program), UITL

Research

1) List of Books, Articles, and Other Published Papers

None

Published Work Type	Number of Publications
Bulletins, Tech Reports, Fact Sheets	19
Peer-Reviewed Journal Articles	20
Abstract And Short Entries	4
Papers In Proceedings	1
Total	44

a) Books (Other than Edited Volumes)

None

b) Edited Books

None

c) Chapters in Edited Books

None

d) Bulletins, Tech Reports, Fact Sheets

1. Kidd, B.; Smathers, C. (2015). Putting MyPlate on Your Table: Grains. [Fact Sheet] Retrieved from http://ohioline.osu.edu/ss-fact/pdf/Putting MyPlate on Your Table-Grains SS-149-15.pdf

Status: Published, Percent authorship: 35%, Description of effort: Reviewed fact sheet and recommended changes.

 Kidd, B.; Smathers, C. (2015). Putting MyPlate on Your Table: Protein. [Fact Sheet] Retrieved from http://ohioline.osu.edu/ss-fact/pdf/Putting_MyPlate_on_Your_Table-Protein_SS-153-15.pdf

Status: Published, Percent authorship: 35%, Description of effort: Reviewed fact sheet and recommended changes.

3. Smathers, C.; Lobb, J. (2014). Coalition Building: Introduction to working with coalitions. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-1

Status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

4. Smathers, C.; Lobb, J. (2014). Coalition Building: Policy, System and Environmental Change. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-2

Status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

 Smathers, C.; Lobb, J. (2014). Coalition Building: Coalition Structure. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-4

Status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

 Smathers, C.; Lobb, J. (2014). Coalition Building: Common Difficulties Faced by Coalitions. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-15

Status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

7. Smathers, C.; Lobb, J. (2014). Coalition Building: Community Assessment. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-7

Status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

8. Smathers, C.; Lobb, J. (2014). Coalition Building: Community Coaching to Increase Capacity and Effectiveness. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-6

Status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

 Smathers, C.; Lobb, J. (2014). Coalition Building: Decision Making. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-11 Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

10. Smathers, C.; Lobb, J. (2014). Coalition Building: Establishing a New Coalition. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-3

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

11. Smathers, C.; Lobb, J. (2014). Coalition Building: Increasing Effectiveness through Community Mobilization. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-12

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

12. Smathers, C.; Lobb, J. (2014). Coalition Building: Evaluating Coalition Progress and Impacts. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-14

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

 Smathers, C.; Lobb, J. (2014). Coalition Building: Coalition Leadership. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-5

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

14. Smathers, C.; Lobb, J. (2014). Coalition Building: Communication in Coalitions. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-10

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

 Smathers, C.; Lobb, J. (2014). Coalition Building: Financial Resources for Coalitions. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-13

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

 Smathers, C.; Lobb, J. (2014). Coalition Building: Coalition Goal-Setting. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-8

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

17. Smathers, C.; Lobb, J. (2014). Coalition Building: Effective Coalition Meetings. [Fact Sheet] Retrieved from http://ohioline.osu.edu/factsheet/CDFS-9

Publication status: Published, Percent authorship: 60%, Description of effort: Conducted review of current literature related to community coalitions, organized outline, developed and revised content.

18. Pirie, P.; Smathers, C. (2014). Parent Survey Results: Expert recommendations and what parents are doing (Research report). [Fact Sheet] Retrieved from http://cph.osu.edu/prc/research/parent-survey

Publication status: Published, Percent authorship: 45%, Description of effort: Managed research project data collection, developed report content, suggested format, facilitated input meetings with community advisors and health coalition members.

19. Pirie, P.; Smathers, C. (2014). Survey Results: Community and Household Resources" (Research report for community leaders). [Fact Sheet] Retrieved from http://cph.osu.edu/prc/research/parent-survey

Publication status: Published, Percent authorship: 45%, Description of effort: Managed research project data collection, developed report content, suggested format, facilitated input meetings with community advisors and health coalition members.

e) Peer-Reviewed Journal Articles

- Smathers, C.A.; McDermott, T. (2023). Addressing Urban Food Security Through Agriculture Career Awareness. Acta
 Horticulturae et Regiotecturae: the scientific journal for horticulture, landscape engineering, architecture and ecology,
 Publication status: Forthcoming, issn:1335-2563
- Smathers, C.A.; Graffagnino, C. (2020). Offering Self-Serve Sliced Apples in Bulk Increases Students' Consumption and Decreases Apple Waste in an Elementary School Cafeteria. *Journal of Child Nutrition and Management*, Publication status: Published.
- 3. Gold, A.; Bennett, K.; Jansen, R.; Mobley, A.; Procter, S.; Smathers, C. et al. (2020). Ripple Effects of the Communities Preventing Childhood Obesity Project. *Health Promotion Practice*, *21* (2), 308-318. doi:10.1177/1524839918788581 Publication status: Published.
- Leser, K.; Liu, S.; Smathers, C. (2019). Adoption, Sustainability, and Dissemination of Chronic Disease Prevention Policies in Community-Based Organizations. *Health promotion practice*, doi:10.1177/1524839919850757 Publication status: Published, issn:1524-8399
- 5. Smathers, C.; Toomey, M.; Washburn, L.; Johnston, K.; Iaccopucci, A.M.; Johannes, E.; Ravola, M. (2019). Positive youth development for health: Extension's readiness for multilevel public health approaches. *Journal of Extension, 57* (1), Publication status: Published.
- Ferrari, T.M.; Smathers, C. (2018). Blender bikes: Blending nutrition and physical activity. *Journal of Extension*, 56 (2), Retrieved from: https://www.joe.org/joe/2018april/tt5.php
 Publication status: Published, issn:0022-0140
- Smathers, C.A.; Ferrari, T.M. (2018). Levels of Community Change: A game to teach about policy, system, and environment change. *JOURNAL OF NUTRITION EDUCATION AND BEHAVIOR*, 50 (3), 311-314.e1. doi:10.1016/j.jneb.2017.10.004
 Publication status: Published, issn:1499-4046
- 8. Remig, V.; Mobley, A.; Procter, S.; Contreras, D.; Gold, A.; Smathers, C. et al. (2016). Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity. *Journal of Nutrition Education and Behavior, 48* (S7), S129-S130. Retrieved from: https://www.jneb.org/article/S1499-4046(16)30482-1/fulltext Publication status: Published, pmc:0, nihms:0
- 9. Smathers, C.; Lobb, J. (2016). Practicing What We Preach: Adherence to Healthy Meeting Guidelines at Extension Meetings and Events. Submitted to: Journal of Human Sciences and Extension, Percent authorship: 55%.
- 10. Peters, P.; Gold, A.; Abbott, A.; Contreras, D.; Keim, A.; Oscarson, R. et al. (2016). A quasi-experimental study to mobilize rural low-income communities to assess and improve the ecological environment to prevent childhood obesity. BioMed Central Public Health, 16 (376), Retrieved from: http://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-016-3047-4
 Publication status: Published, Percent of authorship: 10%, Description of effort: Serve as project director and oversee data collection, management, and analysis for the Ohio community-based research sites.
- 11. Lobb, J.; Smathers, C.; Hashiguchi, E. (2016). An assessment of beverage-related policies among organizations in a multi-sector community coalition. *Journal of Science Policy and Governance, 8* (1), Retrieved from: http://www.sciencepolicyjournal.org/uploads/5/4/3/4/5434385/lobb smathers hashiguchi assessmentofbeverage.p http://www.sciencepolicyjournal.org/uploads/5/4/543485/lobb smathe

- 12. Smathers, C.; Lobb, J. (2015). Extension Professionals and Community Coalitions: Professional Development Opportunities Related to Leadership and Policy, System, and Environment Change. *Journal of Extension*, 53 (6), Retrieved from: http://www.joe.org/joe/2015december/a1.php
 Publication status: Published, Percent of authorship: 60%, Description of effort: Principal Investigator for survey research project, lead development of survey tool, implementation, analysis, and development of manuscript...
- 13. Buro, B.; Gold, A.; Contreras, D.; Keim, A.; Mobley, A.; Oscarson, R. et al. (2015). An Ecological Approach to Exploring Rural Food Access and. *Journal of Nutrition Education and Behavior, 47* (6), Retrieved from: http://www.jneb.org/article/S1499-4046(15)00663-6/abstract
 Publication status: Published, Percent of authorship: 10%, Description of effort: Serve as project director and oversee data collection, management, and analysis for the Ohio community-based research sites.
- 14. Gold, A, Buro, B, Abbott, A, Contreras, D, Keim, A, Mobley, A, Oscarson, R, Peters, P, Procter, S, Smathers, C. (2015). Understanding the Rural Built Environment from the Perspectives of Parents with Preschoolers. Journal of Nutrition Education and Behavior.
- 15. Foster, J.S.; Contreras, D. (2015). Evaluation of nutrition and physical activity policies and practices in childcare centers within rural communities. *Childhood Obesity, 11* (5), Retrieved from: http://www.ncbi.nlm.nih.gov/pubmed/26291561
 Publication status: Published, Percent of authorship: 8%, Description of effort: Serve as project director and oversee data collection, management, and analysis for the Ohio community-based research sites...
- 16. Anderson, S.; Kaye, G.; Andridge, R.; Smathers, C.; Peng, J.; Pirie, P. (2015). Interrelationships of more healthful and less healthful aspects of diet quality in a low-income community sample of preschool-aged children. *Maternal and Child Health, Online*, doi:10.1007/s10995-015-1788-9
 Publication status: Published, Percent of authorship: 15%, Description of effort: Managed and conducted data collection, coordinated community participation in interpretation of results, collaborated on manuscript development., issn:1573-6628
- 17. Oliveri, C.; Mattey, M.; Smathers, C.; Smith, L. (2011). A "Sodabriety" challenge: Stragegies to reduce sweetened-beverage consumption by teens in rural Ohio. *Journal of the American Dietetic Association, 111* (9), 106-106. Publication status: Published, issn:0002-8223
- 18. Smathers, C.; Lobb, J. Mobilizing Rural Communities to Prevent Childhood Obesity: A Toolkit. Percent of authorship: 55%.
- Foster JS, Contreras D, Gold A, Keim A, Oscarson R, Peters P, Procter S, Remig V, Smathers C, Mobley AR. OEvaluation of nutrition and physical activity policies and practices in childcare centers within rural communities. *Childhood Obesity*, Retrieved from: http://www.ncbi.nlm.nih.gov/pubmed/26291561
 Publication status: Forthcoming, pmc:0, nihms:0
- 20. Leser, K., Smathers, C., and Pirie, P. OUse of multiple strategies by parents to reduce sweetened beverage consumption among preschoolers. *Society for Nutrition Education and Behavior*, Publication status: Forthcoming, pmc:0, nihms:0

f) Editor-Reviewed Journal Articles

None

g) Reviews (Indicate Whether Peer Reviewed)

None

h) Abstract and Short Entries (Indicate Whether Peer Reviewed)

 Oscarson, R.; Peters, P.; Contreras, D.; Gold, A. et al.. (2016). Improving Rural Children's Health Environments: Community Exploration of Adulthood Impact. [Abstract]. *The Gerontologist*. Retrieved from https://academic.oup.com/gerontologist/article/56/Suppl_3/163/2577428/IMPROVING-RURAL-CHILDREN-S-HEALTH-ENVIRONMENTS?searchresult=1.

Publication status: Published, Percent authorship: 12%.

- 2. Remig, V.; Mobley, A.; Procter, S.; Contreras, D. et al.. (2016). Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity. [Abstract]. *Journal of Nutrition Education and Behavior, SNEB 2016 Annual Conference Proceedings 49th Annual Conference, Next Practice in Nutrition Education*. Publication status: Published, Percent authorship: 12%.
- 3. Smith, J.; Contreras, D.; Gold, A.; Keim, A. et al.. (2014). What nutrition and physical activity policies and practices are most lacking in early childhood centers within rural communities? [Abstract]. *The FASEB Journal, 28, No. 1.* Retrieved from http://www.fasebj.org/content/28/1_Supplement/808.20. Publication status: Published, Percent authorship: 5%.
- 4. Liu, ST, Pirie, PL, Smathers, C, Leser, K, and Anderson, SE. (2013). Family Routines Around Sleep, Meals, and Screen-Viewing in Relation to Obesity among Low-Income, Urban, Preschool-Age Children in Central Ohio.., S183. Publication status: Published.

i) Papers in Proceedings

International

1. Smathers, C.A.; McDermott, T. (2022-8-17). *Addressing Urban Food Security Through Agriculture Career Awareness*. Paper presented at International Horticulture Congress, Korbeek-Lo, Belgium. Publication Status: Forthcoming.

j) Unpublished Scholarly Presentations (Indicate Whether Peer Reviewed)

Invited Presentations

Regional

 Smathers, C. (2015). Celebration of Coalitions: Public health impacts through the decades. Communities Preventing Childhood Obesity Coach Training. Percent Authorship: 60%.

 Smathers, C. (2013). State models of communication, networking and collaborative success. Great Lakes Region Leadership Summit. Lecture conducted from Chicago, Illinois, United States. Percent Authorship: 100%.

State

- 1. Smathers, C.A. (2021). Sow Farm to School Activities with Gardening and Reap the Benefits! Ohio Farm to School Conference. Lecture conducted from Columbus, United States.
- Smathers, C. (2016). Dietary Guidelines and Healthy Eating at Meetings: Food for Thought. plenary session of the 2016 All FCS State Conference.

Percent Authorship: 100%.

- Smathers, C. (2015). Sodabriety: Adolescents as consumers, targets, and opponents of Big Soda. Banding Together for Adolescents and Young Adults Statewide Summit. Percent Authorship: 100%.
- Powers-Barker, P.; Smathers, C. (2015). Local Foods, Farm to School, and Field Specialist in Youth Nutrition and Wellness. 2015 All FCS Conference.
 Percent Authorship: 45%.

5. Smathers, C.; Lobb, J. (2015). Fostering Policy, Systems, and Environment changes through our Programs, Committees,

Percent Authorship: 70%.

and Coalitions. 2015 All FCS Conference.

6. Smathers, C.; Lobb, J. (2015). *Celebration of Coalitions: Public health impacts of yesterday, today, and tomorrow.* the Statewide Prevention Coalition Association Annual Meeting.

Percent Authorship: 60%.

- 7. Smathers, C. (2015). *Outreach and Engagement: Water First for Thirst*. Ohio State University Outreach and Engagement Forum. http://outreach.osu.edu/assets/14ForumPDFs/Water%20First%20for%20Thirst.pdf. Percent Authorship: 100%.
- 8. Smathers, C.; Lobb, J. (2015). *Coalescing Healthy Coalitions*. Creating Health Communities All-Project Meeting. Lecture conducted from Dublin, Ohio, United States.

 Percent Authorship: 70%.
- Smathers, C. (2014). 4-H Healthy Living: State of Ohio Priorities and Ohio 4-H Opportunities. 4-H Professionals Update. Percent Authorship: 100%.
- 10. Smathers, C.; Kidd, B. (2014). *Policy, systems, and environmental changes that support healthy beverage consumption: How Extension can be a leader.* Family & Consumer Sciences All-Programs Conference: One Team, One Goal.
- 11. Smathers, C.; Kidd, B. (2014). *Healthy Eating at Meetings Guidelines Update*. Meeting of the OSU Extension Assistant and Regional Directors.

 Percent Authorship: 50%.
- 12. Smathers, C. (2014). *Outreach and Engagement: Farm to School*. Ohio State University Outreach and Engagement Forum. http://outreach.osu.edu/assets/14ForumPDFs/Farm%20to%20School.pdf. Percent Authorship: 100%.
- 13. Smathers, C.; Kidd, B. (2014). Sodabriety; Health Promotion and Obesity Prevention through Better Beverage Choices. Ohio Association of Family and Consumer Sciences Annual Conference. Percent Authorship: 60%.
- Smathers, C. (2014). Water First for Thirst. 4-H Healthy Living Design Team Meeting. Percent Authorship: 100%.

Percent Authorship: 65%.

- Smathers, C. (2013). Farm to School Update. Miami Valley EERA FCS Meeting. Lecture conducted from Dayton, Ohio, United States.
 Percent Authorship: 100%.
- 16. Smathers, C. (2013). *Food Day*. Food Day. Lecture conducted from Akron, Ohio, United States. Percent Authorship: 100%.
- 17. Smathers, C. (2013). *Farm to School.* Department of Education Food Service Management Conference. Lecture conducted from Columbus, Ohio, United States.

 Percent Authorship: 100%.
- Smathers, C. (2013). Farm to School Update for FCS Professionals. Family and Consumer Sciences Professionals Monthly Meeting. Lecture conducted from Columbus, OH. Percent Authorship: 100%.
- Smathers, C. (2013). Farm to School and Policy to Practice: Creating Healthier Nutrition Environments. Activate Allen County Health Summit. Lecture conducted from Lima, Ohio, United States. Percent Authorship: 100%.
- Smathers, C.; Adkins, J. (2013). Ohio Farm to School. OSU Extension Local Foods In-Service. Lecture conducted from Columbus, OH.
 Percent Authorship: 80%.
- Smathers, C. (2013). Ohio Farm to School: Opportunities and Resources. EFNEP Program Specialists Forum. Lecture conducted from Columbus, Ohio, United States. Percent Authorship: 100%.

22. Smathers, C. (2013). *Ohio Farm to School*. Local Foods Signature Program Core Group Meeting. Lecture conducted from Columbus, Ohio, United States.

Percent Authorship: 100%.

Local

- Smathers, C. (2019). Public Health Practicum Experiences (OSU College of Public Health). College of Public Health student orientation. Lecture conducted from Columbus, United States.
- Smathers, C. (2017). Garden to Table: Why vegetable gardens matter. 2017 Ready, Set, Grow! Vegetable Garden Workshop. Lecture conducted from Delaware, Ohio. Percent Authorship: 100%.
- Smathers, C. (2016). Sodabriety: Students as consumers, targets, and opponents of Big Soda. College of Public Health Alumni Society Seminar. Percent Authorship: 100%.
- Pirie, P.L.; Smathers, C.A. (2014). Childrens' Health in Southeast Columbus. City Department Leader's Forum. Lecture conducted from Columbus, Ohio, United States. Percent Authorship: 25%.

Other Presentations

International

- 1. Smathers, C.A.; Ferrari, T. (2020). Youth-Adult Partnerships for Health Advocacy: Engaging Youth in Community-Level Change across the 4-H Program in the United States. 10th International Conference on Health, Wellness, and Society. Lecture conducted for international conference held in Paris, France. https://healthandsociety.com/.
- 2. Ferrari, T.; Smathers, C.; Hite, S. (2015). Water First for Thirst: Teen Leaders as Advocates for Healthy Living. Health, Wellness, and Society Conference held in Madrid, Spain.

 Percent Authorship: 45%.

National

- Smathers, C.; McDermott, T. (2022). Growing Teachers: Empowering Garden Based Learning to Any Location
 Throughout the School Year [peer-reviewed]. National Association of Educators of Young Children's Professional
 Learning Institute. Lecture conducted from Cleveland, Ohio, United States.
 https://issuu.com/naeyc/docs/2022_pli_program_interactive-naeyc16-1_s_macbook_p.
- Smathers, C.A.; McDermott, T. (2021). Support School Gardening Throughout the School Year--September through May! National Extension Association of Family and Consumer Sciences (NEAFCS) Annual Session. https://www.neafcs.org/2021-annual-session.
- 3. McDermott, T.S.; Smathers, C. (2021). School Gardening Throughout the Seasons: Indoor and Outdoor, September to May [peer-reviewed]. 2021 National Children and Youth Garden Symposium. Lecture conducted from .
- 4. Ferrari, T.; Smathers, C.; Hook, L.; Gottke, H.; Fraley, R. (2019). *Mountains of Opportunity for Health: Engaging Teens as 4-H Health Advocates.* 2019 NAE4-HA Conference. Lecture conducted from Greenbrier, WV, United States.
- 5. Smathers, C.; Freedman, D.; King, J.; Valerus, K.; Bebo, P.; Zubieta, A.C. (2019). *PSE READI: An online tool for assessing community readiness, building capacity and providing tailored policy, system and environment change strategies.*National Health Outreach Conference. Lecture conducted from Dallas, TX. https://agrilifeextension.tamu.edu/nhoc/.
- 6. Ferrari, T.M.; Smathers, C. (2019). *Youth-adult partnerships for health advocacy*. National Health Outreach Conference.
- Ferrari, T.M.; Smathers, C.A.; Riemenschneider, K.; Fovargue, A. (2018). What's in your medicine cabinet? Engaging
 youth in addressing the opioid epidemic. National Association of Extension 4-H Agents. Lecture conducted from
 Columbus, OH.

- 8. Smathers, C.; Lobb, J.; Ferrari, T. (2017). Adherence to Healthy Eating Guidelines within Extension What is the Role of Extension Leaders in Promoting Compliance...If Any? Joint Council of Extension Professionals Leadership Conference. Lecture conducted from Orlando, FL. Percent Authorship: 40%.
- Parsons, A.; Monteban, M.; Lee, E.; Bebo, P.; Zubieta, A.; Remley, D. et al. (2016). Examining readiness to implement nutrition-related policy, systems, and environmental interventions in childcare settings. 2016 American Public Health Association Annual Meeting. Lecture conducted from Denver, CO. Percent Authorship: 10%.
- Smathers, C.; Ferrari, T. (2016). Levels of Community Change: A Game to Teach about the Social Ecological Model.
 National Extension Association of Family and Consumer Sciences Annual Conference.

 Percent Authorship: 60%.
- Smathers, C.; Lobb, J. (2016). Adherence to Healthy Eating Guidelines at Extension Events: Assessing and Promoting Nutrition at the Organizational Level. National Extension Association of Family and Consumer Sciences Annual Conference. Percent Authorship: 100%.
- 12. Oscarson, R.; Peters, P.; Contreras, D.; Gold, A.L.; Keim, A.; Mobley, A.R. et al. (2016). *Community Coaching and Mobilization of Rural Low-income Communities to Improve Ecological Environments Related to Childhood Obesity.* Institute of Coaching Ninth Annual Coaching in Leadership & Healthcare Conference. Percent Authorship: 12%.
- 13. Peters, P, Gold, A, Procter, S, and Smathers, C. (2016). *Childhood Obesity Prevention Research through a Community Context*. Society for Nutrition Education and Behavior Annual Conference.
- 14. Peters, P.; Gold, A.; Procter, S.; Smathers, C. (2016). *Childhood Obesity Prevention Research through a Community Context*. Society for Nutrition Education and Behavior Annual Conference. Lecture conducted from San Diego, CA. https://www.sneb.org/2016-conference-material/. Percent Authorship: 25%.
- 15. Smathers, C.; Talis, N. (2016). Extension's Role in Farm to School Advocacy: Current legislation, models of success, and strategies for addressing emerging issues. Public Issues Leadership Development. Percent Authorship: 60%.
- 16. Smathers, C.; Ferrari, T.; Hite, S. (2015). *Empowered by Teens: Youth Advocacy for Healthy Living.* National Association of Extension 4-H Agents Annual Conference. Lecture conducted from Portland, OR. Percent Authorship: 45%.
- 17. Crawford, D.; Gillespie, D.; Reddersen, K.; Connelly, F.; Marable, A.; Carpenter, W. et al. (2015). *Going Up! Elevator Speech & Technology Session*. 2015 ESP National Conference. Percent Authorship: 8%.
- 18. Smathers, C. (2015). *Healthy Reciprocity: Academic partnership with the Healthy Children, Healthy Weights Program.*Engaged Scholarship Consortium. Lecture conducted from State College, PA.
 Percent Authorship: 100%.
- Smathers, C.; Lobb, J. (2015). Beverage Policies and Practices Among Organizations in a Multi-Sector Coalition. 8th Biennial Childhood Obesity Conference - Collective Impact: Developing a Shared Vision to Achieve Greater Success. Lecture conducted from San Diego, CA. Percent Authorship: 60%.
- Smathers, C.; Ferrari, T.; Hite, S. (2015). Efforts to Involve Youth As Advocates for Healthier Beverage Consumption in Ohio. National Health Outreach Conference. Lecture conducted from Atlanta, Georgia, United States. Percent Authorship: 45%.
- Smathers, C. (2014). Multi-level Dissemination of Results from a Community-Based Nutrition and Physical Activity Survey of Diverse, Low-Income Parents of Pre-Schoolers. National Extension Association of Family and Consumer Sciences. Lecture conducted from Lexington, KY. Percent Authorship: 100%.

22. Smathers, C. (2014). What the Community Wants Researchers to Know: One Community's Efforts to Help Researchers Navigate the Process. Reflecting and Learning from Community Engaged Research. Lecture conducted from Minneapolis, MN.

Percent Authorship: 100%.

- 23. Smathers, C.; Pirie, P.; Leser, K.; Liu, S. (2014). *Restrict the Pouch: Parental Rules Limiting Sugar-Sweetened Beverage Consumption Among Preschool Age Children*. Society of Nutrition Education and Behavior 2014 Annual Conference. Lecture conducted from Milwaukee, WI. Percent Authorship: 40%.
- Peters, P.; Mobley, A.; Proctor, S.; Contreras, D.; Gold, A.L.; Smathers, C. et al. (2014). Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity. Society of Nutrition Education and Behavior 2014 Annual Conference. Percent Authorship: 10%.
- 25. Smathers, C.; Patrick, A.; Bird, B. (2014). *Including Farmers and Public Health in Procurement, Partnerships, and Events Success Stories from Ohio.* 7th National Farm to School Conference. Lecture conducted from Austin, TX. Percent Authorship: 60%.
- 26. Smathers, C.; Adkins, J. (2014). *Using the Farm to School Census to raise awareness, develop relationships, and expand technical assistance.* 7th National Farm to Cafeteria Conference.

 Percent Authorship: 90%.
- Liu, S.T.; Pirie, P.L.; Smathers, C.; Leser, K.; Anderson, S.E. (2013). Family Routines Around Sleep, Meals, and Screen-Viewing in Relation to Obesity among Low-Income, Urban, Preschool-Age Children in Central Ohio. 31st Annual Scientific Meeting of the Obesity Society. Lecture conducted from GA.
 Percent Authorship: 20%.
- 28. Liu, S.T.; Pirie, P.L.; Leser, K.; Smathers, C. (2013). *Prevalence of AMA-Recommended Behaviors to Prevent Childhood Obesity among Parents of Preschool-Age Children*. 31st Annual Scientific Meeting of the Obesity Society. Lecture conducted from GA.

 Percent Authorship: 20%.

State

- 1. Kessler, T.F.; Ferrari, T.; Smathers, C.; Montgomery, P. (2022). *The 4th H: How Healthy are Ohio's Youth?* 2022 Ohio 4-H Conference. Lecture conducted from Columbus, Ohio, United States.
- Kessler, T.F.; Ferrari, T.; Montgomery, P.; Smathers, C.A. (2022). Health Issues Affecting Youth in Ohio: What Do the Data Show and How Can Extension Respond? Ohio 4-H In-Service. Lecture conducted from Columbus, Ohio, United States
- 3. Smathers, C.A.; Reister, H.; Economos, M.; Jenkins, M.; Baker, S. (2021). *Reflections on Extension's Roles in Early Childhood Education: Refocusing and Reconnecting to Support Child Health and Workforce Development in Ohio.* 2021 Extension Annual Conference. https://lod.cfaes.ohio-state.edu/career-development/2021-extension-annual-conference.
- 4. Smathers, C.A.; Scott, H.; Preston, L. (2021). Farm to School: How Extension Can Help Schools Purchase, Serve, and Teach About Local Foods. 2021 Extension Annual Conference. Lecture conducted from Columbus, United States. https://lod.cfaes.ohio-state.edu/career-development/2021-extension-annual-conference.
- 5. Smathers, C.A.; Ferrari, T.; Kessler, T.; Montgomery, P. (2021). *Health Issues Affecting Youth in Ohio: What Do the Data Show and How Can Extension Respond?* 2021 Extension Annual Conference. Lecture conducted from Columbus, United States. https://lod.cfaes.ohio-state.edu/career-development/2021-extension-annual-conference.
- 6. Smathers, C.A.; Economos, M.; Reister, H.; Jenkins, M.; Baker, S. (2021). *How FCS is Stepping Up for Ohio's Youngest Learners in the Midst of Change*. Ohio FCS Conference. Lecture conducted from Columbus, United States.

- 7. Smathers, C.A.; Stranne Miller, S. (2020). Leading Down the Garden Path: Translating Leadership Research into School Garden Success. 2020 FCS Conference. Lecture conducted from Columbus, OH.
- 8. Smathers, C.A.; Plahuta, H. (2020). Farm to School Resources in Ohio (Exhibit Table). Ohio Ecological Food and Farming Association. Lecture conducted from Dayton, OH.
- Howard, L.; Smathers, C.; Ferrari, T. (2019). A Graduate Student's Perspective on Student Involvement in Extension Work. OSU Extension Annual Conference. Lecture conducted from Columbus, United States. https://extension.osu.edu/about/extension-annual-conference.
- Smathers, C.A. (2019). The Land-Grant Fierce Buckeye Wellness Innovator Program. 2019 Extension Annual Conference. Lecture conducted from Columbus, United States. https://extension.osu.edu/about/extension-annual-conference.
- 11. Smathers, C.A.; Ferrari, T. (2019). *Sodium Shakedown: New Youth-Focused Sodium Reduction Teaching Activities*. 2019 All-FCS Conference. Lecture conducted from Columbus, United States. https://fcs.osu.edu/intranet/fcs-professionals/fcs-2019-conference.
- 12. Smathers, C.A.; Plahuta, H. (2019). *The Great Lakes Great Apple Crunch*. 2019 All-FCS Conference. Lecture conducted from Columbus, United States. https://fcs.osu.edu/intranet/fcs-professionals/fcs-2019-conference.
- 13. Domokos, M.J.; Smathers, C. (2019). The 4th H: Making lasting and rewarding healthy lifestyle changes as 4-H Professionals. 4-H Professionals Inservice. Lecture conducted from Columbus, OH.
- 14. Ferrari, T.M.; Smathers, C.A. (2019). *Youth-adult partnerships for health advocacy*. OSU Community Engagement Conference. Lecture conducted from Columbus, OH.
- Smathers, C.A.; Starkovich, T. (2019). Selecting Foods for Meetings and Conferences Strengthening Nutritional Resiliency and Sustainable Food Systems. OSU Community Engagement Conference. Lecture conducted from Columbus, United States. https://cec.osu.edu/.
- 16. Smathers, C.A.; Ferrari, T.M. (2019). *Health: Promoting the 4th H at Your Fair*. Ohio Fair Managers Junior Fair Conference. Lecture conducted from Columbus, OH.
- 17. Fraley, R.P. (2018). *It's the 4th H: Promoting Healthy Living at the County Level.* Ohio 4-H Youth Development 4-H Professionals In-Service.
- 18. Ferrari, T.; Smathers, C.; Stone, R. (2017). *Investing in Teens at the County Level to Create a Culture of Health.* 2016 OSU Extension Annual Conference. Percent Authorship: 100%.
- Smathers, C.; Ferrari, T. (2016). Investing in Teens to Impact Health: The Ohio 4-H Healthy Living Advocate Program.
 2016 OSU Extension Annual Conference.
 Percent Authorship: 55%.
- Smathers, C.; Lobb, J. (2015). OSUE Healthy Eating at Meetings guidelines: Resource or Relic? the 2015 OSU Extension Annual Conference.
 Percent Authorship: 55%.
- Ferrari, T.; Smathers, C. (2015). Not Just a Drop in the Bucket: Water First for Thirst Focuses Healthy Living Youth Advocacy Efforts. the 2015 OSU Extension Annual Conference. Percent Authorship: 50%.
- 22. Smathers, C.; Ferrari, T. (2015). It's the '4th H': Healthy living opportunities throughout 4-H in Ohio. Banding Together for Adolescents and Young Adults Health Summit.

 Percent Authorship: 55%.

- 23. Smathers, C. (2015). Farm to School: What's happening in Ohio. Ohio 4-H Conference. Lecture conducted from Columbus, Ohio, United States.

 Percent Authorship: 100%.
- 24. Smathers, C.A.; Lobb, J.M. (2014). Assessment of Coalition Involvement among OSU Extension Professionals. OSU Extension Annual Conference & Research Colloquium 2014: The next 100 years. Percent Authorship: 55%.
- 25. Smathers, C. (2014). *Multi-Level Dissemination and Application of Results from a Community-Based Nutrition and Physical Activity Survey of Diverse Parents of Preschoolers.* OSU Extension Annual Conference & Research Colloquium 2014: The next 100 years. Percent Authorship: 100%.
- 26. Smathers, C.; Hogan, M.; Fox, J.; Haught, S. (2014). 2014 Farm to School Regional Workshops. OSU Extension Annual Conference & Research Colloquium 2014: The next 100 years. Percent Authorship: 60%.
- 27. Smathers, C.; Kidd, B. (2014). *OSU Extension's Healthy Eating at Meetings curriculum: Promoting a healthy environment where we work.* OSU Extension Annual Conference & Research Colloquium 2014: The next 100 years. Percent Authorship: 55%.
- 28. Smathers, C.; Lobb, J.; Hashiguchi, E. (2014). Supporting policy and environment change: An evaluation of physical activity practices among community organizations that serve young children. Family & Consumer Sciences All-Programs Conference: One Team, One Goal.

 Percent Authorship: 55%.
- 29. Smathers, C.A. (2014). Rethinking What They're Drinking: Practical ways to promote healthier beverage choices in 4-H. 4-H Professionals Meeting.

 Percent Authorship: 100%.
- Smathers, C.; Fox, J. (2013). Farm to School Census: Ohio participation data. 2013 Extension Annual Conference: Moving Forward, Looking Back. Percent Authorship: 85%.
- 31. Smathers, C.; Powers-Barker, P. (2013). *Creating Healthy Communities through Local Foods.* All FCS Community Nutrition Conference. Lecture conducted from Columbus, Ohio, United States. Percent Authorship: 50%.

Local

- 1. Smathers, C.A.; Ferrari, T.M. (2018). Expanding OSU's capacity to engage youth as advocates for health. One Health Day. Lecture conducted from Columbus, OH.
- 2. Hashiguchi, E.R.; Kennel, J.A.; Pirie, P.L.; Smathers, C.A. (2014). *Evaluation of beverage practices among community organizations participating in the Growing Healthy Kids-Columbus Coalition*. OSU Denman Undergraduate Research Forum.
 - http://denman.osu.edu/a_abstracts_current.aspx?cw=Business/Education/Speech_and_Hearing_Science&year=2011 Percent Authorship: 30%.

k) Potential publications under review (indicate authorship, date of submission, and to what journal or publisher the work has been submitted)

2) List of creative works pertinent to your professional focus None

Creative Work Type	Number
Multimedia, Database and Website	2
Other Creative Works	52
Total	54

a) Artwork

None

b) Choreography

None

c) Collections

None

d) Compositions

None

e) Curated Exhibits

None

f) Exhibited Artworks

None

g) Inventions and Patents

None

h) Moving Image

1. (2021). Farm Science Review - Ohio Women in Agriculture - "Why are you a woman in Agriculture?" [Moving Image].

i) Multimedia / Database / Website

1. Smathers, C.A. (2020). Live Smart Ohio Blog - Stocking up for When You're Stuck at Home Part 2: How \$180 in groceries fed 2 people for 20 days (\$1.50/meal) . Retrieved from

https://lives martohio.osu.edu/uncategorized/smathers-14osu-edu/stocking-up-for-when-youre-stuck-at-home-part-2-how-180-in-groceries-fed-2-people-for-20-days-1-50-meal/

Last updated on: 2020-04-06

 Smathers, C.A. (2020). Live Smart Ohio blog: Stocking Up for When You're Stuck at Home - Healthy Food for Less than \$2/meal . Retrieved from https://livesmartohio.osu.edu/food/smathers-14osu-edu/stocking-up-for-when-youre-stuck-at-home-healthy-food-for-less-than-2-meal/ Last updated on: 2020-03-18

j) Radio and Television

None

k) Recitals and Performances

None

I)Recordings

None

m) Other Creative Works

 Smathers, C.A. (2021). Women in Ag Experience (submitted for Farm Science Review) [Video]. Ohio Farm Science Review.

Start date: 2021-9-3, End date: 2021-12-3

- Smathers, C.A.; Plahuta, H. (2021). Virtual Visit to an Apple Orchard [Video]. Columbus, OH, United States: Start date: 2020-9-10, End date: 2020-10-8
- 3. Turner, T.; Smathers, C. (2017). Water, Other Nonsugary Drinks Best Option for Kids [Statewide Media Release]. -. Start date: 2017-3-1, End date: 2017-3-1, Description of effort: Suggested content, reviewed article, suggested changes, provided additional background articles.
- 4. Smathers, C. (2017). OSU Extension selected as Ohio's "new" Core Partner for National Farm to School Network [Ohio Farm to School Newsletter]. -.
 - Start date: 2017-3-1, End date: 2017-3-1, Description of effort: Authored feature article for monthly Ohio Farm to School newsletter.
- 5. Smathers, C.; Fovargue, A. (2017). *Monthly Locally-Sourced Meals to be served in Ohio's Largest School District!* [Ohio Farm to School Newsletter]. -.
 - Start date: 2017-1-1, End date: 2017-2-1, Role: Co-author, Description of effort: Co-authored feature article for monthly Ohio Farm to School newsletter.

- 6. Turner, T.; Smathers, C. (2017). *Kids' Menu Choices Not Always the Best Option* [Statewide Media Release]. -. Start date: 2017-1-1, End date: 2017-1-1, Role: Reviewed article, suggested changes, provided additional background articles., Description of effort: Suggested content, reviewed article, suggested changes, provided additional background articles.
- 7. Filipic, M.; Smathers, C. (2016). Five Tips for Healthfully Hosting Young Guests [Blog Entry]. -. Start date: 2016-12-1, End date: 2016-12-1
- Filipic, M.; Smathers, C. (2016). Healthy Eating: The gift that Keeps on Giving [Statewide Media Release]. -.
 Start date: 2016-11-1, End date: 2016-11-1, Role: Reviewed article, suggested changes, provided additional background articles., Description of effort: Suggested content, reviewed article, suggested changes, provided additional background articles.
- 9. Filipic, M.; Smathers, C. (2016). *Kids not eating fruit? Try cutting, slicing it* [Statewide Media Release]. -. Start date: 2016-9-1, End date: 2016-9-1, Description of effort: Suggested content, reviewed article, suggested changes, provided additional background articles.
- 10. Filipic, M.; Smathers, C. (2016). *Pack kids' snacks with nutrients, variety* [Statewide Media Release]. -. Start date: 2016-6-1, End date: 2016-6-1, Role: Reviewed article, suggested changes, provided additional background articles., Description of effort: Suggested content, reviewed article, suggested changes, provided additional background articles.
- Smathers, C. (2016). National Farm to Cafeteria Conference Explores 'Moving Forward Together' [Ohio Farm to School Newsletter].
 Start date: 2016-6-1, End date: 2016-6-1, Description of effort: Authored feature article for monthly Ohio Farm to School newsletter.
- 12. Filipic, M.; Smathers, C. (2016). Smoothies can boost fruit, calcium intake [Statewide Media Release]. -. Start date: 2016-5-1, End date: 2016-5-1, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 13. Smathers, C. (2016). Farm to Cafeteria: Moving Forward Together [Ohio Farm to School Newsletter]. -. Start date: 2016-5-1, End date: 2016-5-1, Description of effort: Authored feature article for monthly Ohio Farm to School newsletter.
- 14. Smathers, C. (2016). Farm to School Census results [Ohio Farm to School Newsletter]. -. Start date: 2016-4-1, End date: 2016-4-1, Description of effort: Authored feature article for monthly Ohio Farm to School newsletter.
- 15. Fovargue, A.; Smathers, C. (2016). *Lighthouse Community School* [Ohio Farm to School Newsletter]. -. Start date: 2016-4-1, End date: 2016-4-1, Description of effort: Contributed and edited content.
- 16. Filipic, M.; Smathers, C. (2016). *How to tell if your tap water is clean, safe* [Statewide media release]. -. Start date: 2016-3-1, End date: 2016-3-1, Description of effort: Suggested topic and content, reviewed article, suggested revisions for this article about water quality.
- 17. Fovargue, A.; Smathers, C. (2016). *Ohio Farm to School Celebrates: Akron City Schools* [Ohio Farm to School Newsletter]. Start date: 2016-3-1, End date: 2016-3-1, Description of effort: Suggested article topic and format, contributed and edited content.
- 18. Smathers, C. (2016). Simple Sugars Aren't So Simple to Track [Blog Entry]. -. Start date: 2016-3-1, End date: 2016-3-1, Role: Author
- Fovargue, A.; Smathers, C. (2016). Ohio Farm to School Celebrates: Fremont City Schools [Ohio Farm to School Newsletter].
 Start date: 2016-2-1, End date: 2016-2-1, Role: Co-author, Description of effort: Suggested article topic and format, contributed and edited content.

- 20. Smathers, C. (2016). *Ohio Farm to School 2015 in Review* [Ohio Farm to School Newsletter]. -. Start date: 2016-1-1, End date: 2016-1-1, Role: Author, Description of effort: Wrote article summarizing the activities of Ohio Farm to School in 2015.
- 21. Filipic, M.; Smathers, C. (2016). Exercise important, but calories count more [Statewide media release]. -. Start date: 2016-1-1, End date: 2016-1-1, Description of effort: Suggested topic and content, reviewed article, and suggested revisions.
- 22. Filipic, M.; Smathers, C. (2015). *Make water festive for holiday gatherings* [Statewide media release]. -. Start date: 2015-12-1, End date: 2015-12-1, Description of effort: Suggested topic and content, reviewed article, suggested revisions for this article about healthy beverage options.
- 23. Smathers, C. (2015). The Farm to School Census...Still time for more Ohio districts to be included. [Ohio Farm to School Newsletter].
 Start date: 2015-11-1, End date: 2015-11-1, Description of effort: Wrote article including Farm to School Census
 - background, summary of 2013 census data from Ohio, and overview of changes in the 2015 Farm to School Census implementation.
- 24. Filipic, M.; Smathers, C. (2015). *Preschool ideal time to focus on healthy eating* [Statewide Media Release]. -. Start date: 2015-11-1, End date: 2015-11-1, Role: Reviewed and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 25. Smathers, C. (2015). Farm to School Policy Primer [Ohio Farm to School Newsletter]. -. Start date: 2015-10-1, End date: 2015-10-1, Description of effort: Wrote article outlining Farm to School related policy and legislation at the local, state, and national level.
- 26. Filipic, M.; Smathers, C. (2015). Encourage your child to eat a healthy breakfast [Statewide Media Release]. -. Start date: 2015-9-1, End date: 2015-9-1, Description of effort: Developed concept and edited content.
- 27. Filipic, M.; Smathers, C. (2015). *Decisions at the fair; Indulge, or be healthy?* [Statewide media release]. -. Start date: 2015-7-1, End date: 2015-7-1, Description of effort: Developed concept and edited content.
- 28. Filipic, M.; Smathers, C. (2015). Eating out? Help kids make healthful choices [Statewide media release]. -. Start date: 2015-6-1, End date: 2015-6-1, Role: Reviewed and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 29. Filipic, M.; Smathers, C. (2015). With flavored water, look at label closely [Statewide media release]. -. Start date: 2015-5-1, End date: 2015-5-1, Role: Reviewed and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 30. Filipic, M.; Smathers, C. (2015). Sugar alcohols aren't sugar [Statewide Media Release]. -. Start date: 2015-4-1, End date: 2015-4-1, Role: Reviewed and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 31. Filipic, M.; Smathers, C. (2015). School fundraisers, snacks getting healthier [Statewide media release]. -. Start date: 2015-2-1, End date: 2015-2-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 32. Filipic, M.; Smathers, C. (2014). 'Tis the season to stay healthy [Statewide media release]. -. Start date: 2014-12-1, End date: 2014-12-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 33. Smathers, C. (2014). Water First [chapter of booklet; online publication]. -.
 Publication: "Smart Eating for Young Children", Start date: 2014-5-1, End date: 2014-10-1, Role: Chapter Author,
 Description of effort: Authored the section about healthy beverage consumption recommendations for this peerreviewed booklet designed for professionals and families with children ages 0-5 years.
- 34. Roush, H.; Young, S.; Smathers, C.; Kelly, P.; Hite, S. (2014). *Let's Bake Quick Breads* [4-H Youth Development project book].

- Start date: 2014-8-1, End date: 2014-10-1, Role: Reviewer, Description of effort: Review of content and references for this intermediate-level food and nutrition project book.
- 35. Filipic, M.; Smathers, C. (2014). *Use Halloween To Coach Moderation* [Statewide media release]. -. Start date: 2014-10-1, End date: 2014-10-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 36. Filipic, M.; Smathers, C. (2014). Wellness programs spread to schools [Statewide Media Release]. -. Publication: OSU Extension Chow Line, Start date: 2014-8-1, End date: 2014-8-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 37. Smathers, C. (2014). 'Celebration of pop' not a good use of resources [letter to newspaper editor]. -.
 Publication: Upper Arlington This Week Community News, Start date: 2014-8-1, End date: 2014-8-1, Role: Writer,
 Description of effort: Submitted letter with nutritional information and health concerns related to adolescent
 consumption of sugar-sweetened beverages in response to an event sponsored by a local library.
- 38. Smathers, C.; Adkins, A. (2014). *Ohio Farm to School Newsletter* [Newsletter]. -. Start date: 2014-8-1, End date: 2014-8-1, Description of effort: Assisted with compiling information and approved final content for the monthly Ohio Farm to School Newsletter
- 39. Smathers, C. (2014). Sugary Drinks [letter to newspaper editor]. -.
 Publication: Columbus Dispatch, Start date: 2014-8-1, End date: 2014-8-1, Role: Writer, Description of effort:
 Submitted letter with nutritional information and health concerns related to adolescent consumption of sugarsweetened beverages in response to an event sponsored by a local library.
- 40. Smathers, C.; Adkins, A. (2014). *Ohio Farm to School Newsletter* [Newsletter]. -. Start date: 2014-7-1, End date: 2014-7-1, Description of effort: Assisted with compiling information and approved final content for the monthly Ohio Farm to School Newsletter
- 41. Filipic, M.; Smathers, C. (2014). Focus on fruit as summertime treat [Statewide Media Release]. -. Publication: OSU Extension Chow Line, Start date: 2014-7-1, End date: 2014-7-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 42. Smathers, C.; Adkins, A. (2014). *Ohio Farm to School Newsletter* [Newsletter]. -. Start date: 2014-6-1, End date: 2014-6-1, Description of effort: Assisted with compiling information and approved final content for the monthly Ohio Farm to School Newsletter
- Kidd, B.; Smathers, C. (2014). Sugar Math [Blog entry].
 Start date: 2014-5-1, End date: 2014-5-1, Description of effort: Wrote article about calculating the amount of sugar contained in foods and beverages.
- 44. Filipic, M.; Smathers, C. (2014). *More fruit, veggies in school lunches* [Statewide Media Release]. -. Publication: OSU Extension Chow Line, Start date: 2014-4-1, End date: 2014-4-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 45. Filipic, M.; Smathers, C. (2014). *Data on obesity rates questioned* [Statewide Media Release].

 Publication: OSU Extension Chow Line, Start date: 2014-3-1, End date: 2014-3-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 46. Kidd, B.; Smathers, C. (2014). *Taking the SNAP Challenge* [Blog entry].

 Start date: 2014-3-1, End date: 2014-3-1, Description of effort: Wrote article and provided photos about purchasing groceries and preparing meals for a week on a very limited budget.

- 47. Kidd, B.; Smathers, C. (2014). *Should sugary drinks carry a warning label?* [Blog entry]. Start date: 2014-2-1, End date: 2014-2-1, Role: Content reviewer, Description of effort: Reviewed article, suggested content changes, and provided additional background articles.
- 48. Filipic, M.; Smathers, C. (2014). *Drink up: Choose water first for thirst* [Statewide Media Release]. Publication: OSU Extension Chow Line, Start date: 2014-1-1, End date: 2014-1-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles. URL: cfaes.osu.edu/news/articles/chow-line-drink-choose-water-first-for-thirst
- 49. Filipic, M.; Smathers, C. (2013). *Public Policies Can Help Fight Obesity* [Statewide Media Release]. Publication: OSU Extension Chow Line, Start date: 2013-11-1, End date: 2013-11-1, Role: Developed concept and edited content, Description of effort: Suggested topic and content, reviewed article, suggested changes, provided additional background articles.
- 50. Filipic, M.; Smathers, C. (2013). Farm to School Efforts Worthwhile [Statewide Media Release]. Publication: OSU Extension Chow Line, Start date: 2013-9-1, End date: 2013-9-1, Description of effort: Suggested content, reviewed article, suggested changes, provided additional background articles.
- 51. Goard, L.; Hill, M.; Powers-Barker, P.; Smathers, C. (2013). *Local Foods Placemats (set of 4)* [Educational Materials]. -. Start date: 2013-5-1, End date: 2013-8-1, Role: Faculty contributor, Description of effort: Contributed to the development, content, and layout of the educational placemats about foods grown locally in Ohio.
- 52. Filipic, M.; Smathers, C. (2013). *Don't keep sugary beverages at home* [Statewide media release]. Start date: 2013-8-1, End date: 2013-8-1, Description of effort: Reviewed article, suggested changes, provided additional background articles.
- 53. Soto, A.; Smathers, C. (n.d.). One more chance for your introduction to Ohio Farm to School [Blog Entry]. Start date: 2014-11-1, End date: 2014-11-1, Role: Editor; content reviewer, Description of effort: http://livesmartohio.osu.edu/2014/11/18/one-more-chance-for-your-introduction-to-ohio-farm-to-school/
- 54. Bloir, K.; Gallup, S.; Goard, L.; Hook, L.; Hoyt, J.; Kelly, P. et al. (n.d.). *Ohio 4-H Food and Nutrition Curriculum* [Project poster for professional in-service].

 Start date: 2014-10-1, End date: 2014-10-1, Role: Project member, Description of effort: Helped review existing curricula, identify applicable National Health Education standards, identify special topics to be added, and describe the potential impact of these curriculum revisions.

3) Brief Description of the Focus of the Candidate's Research, Scholarly or Creative Work, Major Accomplishments, and Plans for the Future, including Works in Progress

The research interests of Associate Professor Smathers focus on public health approaches to health promotion, and more specifically, to obesity prevention. She uses community-based participatory approaches to assess community needs and test ways to improve nutrition among children and teens. Recognizing that interventions are needed across multiple individual, interpersonal, organizational, policy and system levels to reduce childhood obesity, and using the Social Ecological Model and Diffusion of Innovations Theory as organizing frameworks, she conducts applied research relating to the following:

- Community coalitions (Community-Based Youth Nutrition and Wellness)
- Policy, system, and environment change strategies (Community-Based Youth Nutrition and Wellness)
- Farm to School participation (Foods in Schools)
- Reducing sugar-sweetened beverage consumption among youth (Foods in Schools, Child & Adolescent Health Issues)

She has collaborated with the College of Public Health and community organizations to conduct large-scale survey research looking at environmental barriers and supports to raising healthy preschool-age children. As part of this research team, she has disseminated the findings through multiple venues, including national peer-reviewed conference sessions and poster presentations, community advisory meetings, community coalition presentations, and city leaders' briefings.

As the co-chair of a local childhood obesity prevention coalition, she encouraged the coalition to choose themes and set common objectives for member organizations in 2013 ("Water First for Thirst") and 2014 ("An Hour a Day to Play"). Along with an undergraduate student, she conducted assessments in 2014 and 2015 of organizational policies and practices related to

each of the themes. Results from her assessments have been used to establish baseline data and inform decisions about coalition goals and strategies. She has guided the coalition evaluation strategies each year. Under her co-leadership, members have gained increased awareness of and self-efficacy for implementing PSE change strategies and have implemented policy and practice changes—both small and wide-ranging. In 2016, at least 9 coalition organizations implemented policy changes, such as a water-only guidelines, at least 11 organizations implemented system changes, and 10 organizations implemented environment changes. In 2017, coalition members reported that their organizations collectively developed 181 events/resources to support obesity prevention education, and implemented 49 environment changes, 25 new system changes, and 4 policy changes. A partnership that she was instrumental in developing with the Healthy Children, Healthy Weights program at the local health department was recognized with the 2015 Ohio State University Excellence in Community Partnership Award from the OSU Office of Outreach and Engagement. In 2018, the coalition that she co-chairs was selected to receive the national Priester Culture of Health award. This group was one of only eight coalitions selected nationwide by ChangeLab Solutions to receive advanced policy change technical assistance from their public health lawyers along with funding to advance PSE change strategies further throughout 2018.

As part of a seven-state research project exploring ways to increase the effectiveness of community health coalitions, she took a lead role in developing both print and online learning modules conveying best practices for community-level obesity prevention efforts derived from this project. Through her research on coalition development and coalition coaching, she has also developed materials and assessments to strengthen OSU Extension's capacity to work effectively through coalitions, including 15 fact sheets about coalition development and management and a survey tool for assessing OSU Extension's involvement with coalitions. She has co-presented 8 national-level academic presentations related to this research.

Her future research will focus on coalition development, youth advocacy as a tool for improving health behaviors and promoting healthier environments, implementation of environment change guidelines and policies within organizations, promotion of community readiness to adopt Farm to School activities, adoption of organizational healthy eating guidelines, implementation of healthy eating guidelines at conference facilities, and implementation evaluation related to Farm to School strategies. She is working with teams on a project to increase consumption of nutritious locally grown foods by providing sliced fruit to students and by starting indoor and high-tunnel growing operations to produce leafy greens for school meals.

4) Description of Quality Indicators of Your Research, Scholarly or Creative Work Such as Citations, Publication Outlet Quality Indicators Such as Acceptance Rates, Ranking or Impact Factors of Journal or Publisher

The relevance of the candidate's research and program activities was recognized with 55 peer-reviewed conference presentations being accepted (1 local-, 16 state-, 36 national- and 3 international-level) and 29 opportunities to present findings at invited presentations. Citing their interest in the coalition fact sheets that she co-authored, both the Ohio Department of Health Creating Healthy Communities Program and the Ohio Statewide Prevention Coalition Association invited Associate Professor Smathers to give presentations to groups of coalition leaders and members.

She has published 8 peer-reviewed articles, 4 editor-reviewed articles, and 3 abstracts in journals including: *Journal of Extension* (29.5% acceptance), *Journal of Human Sciences and Extension* (40% acceptance), *FASEB Journal* (Impact Factor=**5.498**), *The Gerontologist* (Impact factor=3.231), *BioMed Central Public Health* (Impact Factor=3.0), *Translational Behavioral Medicine* (Impact Factor=2.989), Childhood Obesity (Impact Factor=1.868), Maternal Child Health (Impact Factor=1.788), and the *Journal of Nutrition Education and Behavior* (JNEB) (Impact Factor=0.32). JNEB is widely read by nutrition educators working in Extension and serving disadvantaged audiences.

Curricula, creative works, and teaching materials co-developed by the candidate have been used by others across the state and nationally. The Levels of Community Change game has been featured in national and international presentations (and later requested by attendees of each presentation), and used by 4-H groups, public health coalitions, high school and college instructors, and Supplemental Nutrition Assistance Program Education (SNAP-Ed) leaders to engage participants in applying social ecological concepts to real-world problems. Over 50 game kits have been sold through the Ohio 4-H Resources website. A peer-reviewed article about the game has been published. The online "best practices" learning modules she co-developed for rural health coalitions wanting to address obesity prevention were featured in national presentations, used by professionals in other states, and were posted to the OSU Center for Public Health Practice online learning management system which is widely used by public health professionals. The candidate has contributed to 28 OSU Extension Chow Line (distributed through a statewide media release) articles that help translate research about healthy eating and healthy beverages for general audiences, by suggesting topics, reviewing content for accuracy, and providing additional background information.

Associate Professor Smathers works with and provides leadership to professionals and community members throughout Ohio to identify needs and opportunities, conduct problem solving activities, provide education and technical assistance, build capacity for community mobilization, and evaluate the impact of various activities related to youth nutrition and wellness. The obesity prevention coalition focused on childhood obesity prevention that she was invited to co-chair has gained recognition as a model program through numerous grants and awards.

At the state level, in collaboration with a 4-H youth development specialist, Associate Professor Smathers launched the 4-H Healthy Living Advocate program through which over 100 teen advocates have been trained and engaged in promoting healthier environments. Healthy living events co-led by the teen advocates since 2016 have attracted over 120 participants from throughout Ohio. Additionally, blender bike activities using the curriculum she co-developed have reached over 5,500 individuals since 2016.

The Ohio Farm to School program that she leads was recognized by funding to serve as Ohio's single core partner for the National Farm to School Network, by over \$99,000 in funding for a Farm to School grant that will be the focus of some of the candidate's research, and by strong attendance at the six regional Farm to School workshops presented each year in 2014, 2016, and 2017. Smathers gave leadership to carrying out the program's role as the local host and field trip organizer for the 2018 National Farm to Cafeteria Conference. She spoke to the plenary audience of over 900 participants about Ohio Farm to School accomplishments and the college's commitment to food system transformation. She gives leadership to Farm to School Month promotions and activities, including the annual Great Lakes Great Apple Crunch event, for which over 100,000 Ohioans were registered in 2017. The candidate responds to online and phone inquiries each month from around Ohio, and recently responded to requests for Farm to School technical assistance for individuals from Japan and New Zealand.

In addition to local and state leadership, she was chosen for two national leadership roles related to health promotion in Extension. First, she was nominated by the Ohio State University Extension director and selected by the national Extension Committee on Policy (ECOP) to serve on the ECOP Positive Youth Development for Health Action Team. This team was organized to help develop a vision and strategic plan for promoting adolescent health throughout Extension. Second, she was selected to serve as a co-chair of the Program Committee for Extension's 2016 National Health Outreach Conference, and had a significant role in determining the direction of the conference offerings.

At the individual level, the candidate mentors and instructs students in her areas of expertise. Associate Professor Smathers has served as preceptor for graduate and undergraduate students completing requirements for dietetics, public health, and communications degree programs. She has guided the students in the application of competencies learned in their degree programs to work in the public health field.

5) Research Funding

Research Funding Number of grants funded and total amount: 3 for \$705,743 Number of grants and total amount pending: None Number of grants not funded and total amount: 4 for \$1,268,806 Total other funding acquired (i.e. revenue generation, cost recovery, release time): Release time: \$919,865 (total award amounts for projects on which I served as key personnel; funded .25 FTE of candidate's overall effort April 2013-September 2014, plus .20 FTE of candidate's overall effort September-October 2013), and research contracts: received \$3700 (October 2014-present).

<u>Training Grants</u> Number of grants funded and total amount: 8 for \$66,882 Number of grants and total amount pending: None Number of grants not funded and total amount: 2 for \$55,135 Total other funding acquired (i.e. revenue generation, cost recovery, release time) = \$2450: \$1000 travel stipend to present results from two research projects at the Engaged Scholarship Conference; other travel award \$600, reviewer stipends \$850.

a) Funded Research, including Contracts and Clinical Trials, on Which the Candidate is or has been the Principal Investigator

 4/2020 - 9/2023. Growing Teachers throughout the Seasons. U.S. Department of Agriculture. (USD 292,489 Total Award) Research Grant. 6/2019

Grant/Contract Number: 2019-04996_PDAL

PI: Smathers, Carol, Co-I: McDermott, Tim

Goal: Increase the number of K-14 educational professionals trained in food and agricultural sciences. Teachers will gain increased ability and experience decreased barriers to teach STEM-based agricultural production techniques and workforce skills throughout the traditional school year by using the GTS curriculum.

Description: Overall project direction, supervise staff, coordinate research, develop and manage project evaluation.

- 11/2022 6/2023. Farm to Early Care and Education Implementation Grant ("FIG") Year 2. Association of State Public Health Nutritionists (ASPHN). (USD 35,694) Research Grant. 10/2021 PI: Smathers, Carol
- 11/2021 10/2022. Farm to Early Care and Education Implementation Grant ("FIG") Year 2. Association of State Public Health Nutritionists (ASPHN). (USD 66,032) Research Grant. 10/2021 PI: Smathers, Carol
- 11/2020 10/2021. Farm to Early Care and Education Implementation Grant ("FIG") Year 1. Association of State Public Health Nutritionists. (USD 90,900) Research Grant. 10/2020
 PI: Smathers, Carol
- 3/2011 3/2017. Mobilizing Rural Low-Income Communities to Improve the Ecological Environment to Prevent Child Obesity. Kansas State University. (USD 655,743 Total Award) Research Grant. 6/2010 Grant/Contract Number: GRT00021123 / S11208

PI: Smathers, C, Co-I: Lobb, J

Explanation of Role: Assistant Professor Smathers served as the Principal Investigator on this project, responsible for managing the data collection and analysis and the project budget, and developing manuscripts and resource materials for publication based on the research findings.

Goal: The long-range goal of this project is to mobilize capacity in communities to create and sustain an environment and culture of healthy eating and physical activity to prevent childhood obesity in low-income young children in rural communities. This includes: 1. Assessing community environments using an ecological model of childhood overweight, 2. Selecting evidence-based or evidence-informed approaches to address individual community needs identified in the assessment, and 3. Testing the effectiveness of a Community Coaching model in improving the ability of communities to address the needs identified in the assessment.

Description: Assistant Professor Smathers hired, supervised and mentored a 50% GRA, served on the seven-state project leadership team, participated in regular leadership calls, webinars, and other project communications, attended annual out-of-state meetings project director meetings, worked cooperatively with project staff in Hardin and Perry counties to ensure fulfillment of the grant requirements (coalition coaching, curricula selection, coalition and community assessments, etc.), approved project expenses, and co-authored manuscripts and training materials based on project findings.

b) Funded Research, including Contracts and Clinical Trials, on Which the Candidate is or has been the Co-Investigator

- 8/2016 Present. Ohio Youth Voice: Youth Choice Advocates for Healthy Living. WalMart Foundation. (USD 15,000 Total Award) Research Contract. 7/2016
 - PI: Ferrari, T and Smathers, C
 - Explanation of Role: Coordinate FCS collaboration, coordinate participation in the National Healthy Living Youth Summit and train youth leaders.
- 8/2015 8/2016. Ohio Youth Voice: Youth Choice Advocates for Healthy Living. WalMart Foundation. (USD 35,000 Total Award) Research Contract. 7/2015

PI: Ferrari, T and Smathers, C

Explanation of Role: Coordinate FCS collaboration, coordinate participation in the National Healthy Living Youth Summit and train youth leaders.

Goal: Project objectives include recruiting and training a diverse group of 50 ambassadors and offer a variety of ambassador-led activities and strategies to increase the nutrition and physical activity knowledge of 2,000 youth in grades 4-12.

Description: Contributed to the development of the project plan, pursued potential partnerships, obtained technical assistance, and edited the project proposal.

c) Proposals for Research Funding that are Pending or were Submitted but not Funded

 10/2021. Local Foods in Head Start: More Equitable Food Access for Producers and Young Families. OSU Seed Fund for Racial Justice. (USD 48,777) Research Grant. Pl: Smathers, Carol; Hatsu, Irene 2. 6/2021 National Institutes for Health R01 proposal (USD 3,900,000). Research Grant.

PI: Chang, Mei-Wei

Co-Is - Lin, Chyongchiou; Wegener, Duane; Pek, Jolynn; Lee, Rebecca; Smathers, Carol; Stone, Julie

3. 6/2020. Garden Nutrition throughout the Seasons. United State Department of Agriculture. (USD 199,911 Total Award) Research Grant.

PI: Smathers, Carol, Co-I: McDermott, Timothy

Goal: Increase capacity for food, garden/agriculture, and nutrition education in classrooms and cafeterias by providing experiential food and nutrition education "School-Harvest of the Month" activities that align with, complement, and build on Growing Teachers throughout the Seasons (GTS), a new Farm to School curriculum for k-12 educators; advance nutritional health education of elementary and secondary students by connecting food and nutrition education to foods grown in GTS school gardens and school-based controlled environment agriculture timed for school-year (September-May) growing, by first addressing food safety knowledge and practice barriers; and enhance teachers' capacity to foster students' leadership abilities and technical knowledge to prepare them for agricultural and food-related careers.

Description: Led development of project concept, activities, and evaluation and wrote most of the proposal.

 2/2017. The Million Hearts Healthy Lifestyle Program: Promoting Cardiovascular Health by using Adolescents as Agents for Healthy Behavior Change. OSU Office of Outreach and Engagement OSU Connect and Collaborate Grant. (USD 25,000 Total Award) Research Grant.

PI: Melnyk, B

Co-I: , Gawlik, K, Amaya, M, Tan, A, Smathers, C, Ferrari, T, and Brinkman, P.

Goal: Determine and design an efficient distribution system for gaining adolescent Million Hearts participants through 4-H; determine best method of programming through focus groups with adolescents, 4-H educators, 4-H leaders, and OAHP subgroups; develop an effective online Million Hearts Healthy Lifestyle Program; and, develop an in-person Million Hearts educational course for camp counselors of 4-H.

Description: Provided input on the structure of the Ohio 4-H program and the 4-H Healthy Living Advocate program. Suggested recruitment and intervention strategies.

3/2016. Panel Reviewer Honorarium. U.S. Department of Agriculture. (USD 450 Total Award) Unspecified.
 PI: Smathers. C

Relationship to Grant: Other significant contributor on

Explanation of Role: Proposal review for the National Institute of Food and Agriculture

- 2/2016. Assessing Healthy Living In Ohio 4-H. OSU CARES. (USD 17,772 Total Award) Research Grant.
 PI: Ferrari, T and Smathers, C
- 2/2016. Tapping into Water First!: Impact evaluation and best practice guidelines for improving access to drinking water among young children in early care settings. Ohio State University Outreach and Engagement. (USD 34,000 Total Award) Research Grant.

PI: Smathers, C

8. 5/2014. Ohio Nutrition and Obesity Policy Research and Evaluation Network. U.S. Department of Health and Human Services. (USD 1,192,034 Total Award) Research Grant.

PI: Freedman, D

Co-I: (15 others) Smathers, C

Explanation of Role: Assistant Professor Smathers will serve as a member of the researcher-practitioner team focused on reducing obesity trends by addressing health inequities and promoting policy, systems, and environmental changes.

Goal: To reduce obesity trends by addressing health inequities and promoting policy, systems, and environmental changes.

d) Funded Training Grants on Which the Candidate is or has been the Equivalent of the Principal Investigator

 3/2017 - Present. 4th H for Health Challenge. Robert Wood Johnson Foundation. (USD 500 Total Award) Training Contract. 2/2017

PI: Smathers, C, Co-I: Ferrari, T

Explanation of Role: Developed action plan in partnership with Healthy Living Advocacy co-director and teen participants.

Goal: At least 10% of 4-H clubs in Ohio will report the implementation of four health-promoting activities (water only, healthy snacks, physical activity, and positive mental health activity) during at least four club meetings.

 2/2017 - Present. National Farm to School Network Core Partner. Tides Center. (USD 4,000 Total Award) Training Grant. 1/2017

PI: Smathers, C

1/2017 - Present. Ohio 4-H Healthy Living Advocates Take on the National 4-H Healthy Living Summit!. Ohio 4-H
Foundation. (USD 5,000 By Year) Training Grant. 11/2016
 PI: Smathers, C and Ferrari, T

 6/2014 - Present. Water First for Thirst: Promoting Healthier Beverage Consumption through Youth Advocacy. OSU CARES/OSU Extension. (USD 16,000 Total Award) Training Grant. 2/2014

PI: Smathers, C, Co-I: Ferrari, T, and Pirie, P.

Explanation of Role: Assistant Professor Smathers initiated the idea for this project and gathered support from the College of Public Health, Columbus Public Health (local health department), and a 4-H design team. Together with Dr. Theresa Ferrari, the candidate will co-coordinate the curriculum development efforts of the 4-H Healthy Living Design Team and work closely with College of Public Health and Columbus Public Health toward accomplishing curriculum development and training efforts of this project.

Goal: 1. Develop a research-based curriculum using a youth empowerment approach that addresses sugar-sweetened beverage consumption. 2. Provide training for at least 50 youth and adult leaders to gain knowledge and skills needed to advocate for health beverages in their communities. 3. Develop a tool to assess the extent to which youth adopt an advocacy perspective, recognize their own importance as role models, and put an emphasis on policy change perspectives.

5. 1/2016 - 12/2016. Ohio Youth at the 4-H Healthy Living Summit. Ohio 4-H Foundation Master Endowment. (USD 6,500 Total Award) Training Grant. 11/2015

PI: Smathers, Carol

Explanation of Role: Developed proposal background, project description and goals, budget, and timeline.

 1/2015 - 12/2015. Water First for Thirst Teen Leadership Board: Youth Advocacy for Healthy Beverage Consumption. Ohio 4-H Foundation Endowment/Sam Cashman Family 4-H Endowment. (USD 4,890 Total Award) Training Grant. 11/2014

PI: Smathers, C; Co-I: Ferrari, T and Pirie, P

Explanation of Role: Developed parent project and proposal concept, wrote and edited sections of proposal. Description: Funds will cover travel costs for teen leaders and project faculty and staff to attend curriculum development meetings, trainings, and the National 4-H Healthy Living Youth Summit.

1/2015 - 6/2015. Local Foods Grant Writing Training. U.S. Department of Agriculture. (USD 5,000 Total Award)
 Training Contract. 11/2014

PI: Smathers, C

Explanation of Role: Principal Investigator and lead trainer for this USDA subcontract through Penn State University.

8. 10/2014 - 6/2015. Farm to School Conference Grant. U.S. Department of Agriculture. (USD 24,992 Total Award) Training Grant. 3/2014

PI: Smathers, C

Goal: The primary goal of the proposed conference is to increase such knowledge and skills participants can use to advance their participation in Farm to School.

Description: Worked with statewide advisors and stakeholders to outline a proposed conference agenda, developed a proposed staffing plan and project budget, assembled and submitted required and optional documents to the funder.

e) Proposals for Training Grants that are Pending or were Submitted but not Funded

1. 4/2021. Farm to School Expansion in Ohio. Ohio Department of Education (subcontract for a USDA-funded Farm to School grant). (USD 30,000 By Year) Training Contract.

PI: Smathers, Carol

Explanation of Role: Lead OSU Extension's part in expanding the state Farm to School network by creating 8 regional networks and disseminating Farm to School newsletters and campaigns. Oversee work of staff and student involvement in this project. Oversee budget and spending.

Goal: Expand Farmto School capacity by working with 8 regional teams, disseminating a newsletter for food service directors, offering Feed our Future materials across the state, and offering an Ohio-specific producer training. Description: Lead OSU Extension's part in expanding the state Farm to School network by creating 8 regional networks and disseminating Farm to School newsletters and campaigns. Oversee work of staff and student involvement in this project. Oversee budget and spending.

 4/2014. Ohio Farm to School Network. U.S. Department of Agriculture. (USD 33,435 Total Award) Training Grant. Grant/Contract Number: Awaiting review

PI: Solomon, E, Ohio Dept of Education

Co-I: Smathers, C and Davis, A

Relationship to Grant: Collaborator on

Explanation of Role: OSU Extension is a sub-contractor on this grant. Assistant Professor Smathers serves as Director for the Ohio Farm to School Program. As Ohio's state lead for the Ohio Farm to School program, she connects Ohio to the National Farm to School Network and provides leadership for the statewide Advisory Group.

Description: OSU Extension is a sub-contractor on this grant. Assistant Professor Smathers serves as Director for the Ohio Farm to School Program. As Ohio's state lead for the Ohio Farm to School program, she connects Ohio to the National Farm to School Network and provides leadership for the statewide Advisory Group.

 4/2013. Ohio Farm to School Network. U.S. Department of Agriculture. (USD 21,700 Total Award) Training Grant. Grant/Contract Number:

PI: Solomon, E, Ohio Dept of Education

Relationship to Grant: Collaborator

Explanation of Role: OSU Extension is a sub-contractor on this grant. Assistant Professor Smathers serves as Director for the Ohio Farm to School Program. As Ohio's state lead for the Ohio Farm to School program, she connects Ohio to the National Farm to School Network and provides leadership for the statewide Advisory Group.

Description: OSU Extension is a sub-contractor on this grant. Assistant Professor Smathers serves as Director for the Ohio Farm to School Program. As Ohio's state lead for the Ohio Farm to School program, she connects Ohio to the National Farm to School Network and provides leadership for the statewide Advisory Group.

f) Any other Funding Received for the Candidate's Academic work

Funded

 10/2014 - Present. Ohio Nutrition and Obesity Policy Research and Evaluation Network. U.S. Department of Agriculture. (USD 2,500 Total Award) Research Contract. 10/2014

PI: Freedman, D, Bebo, P and Davis, A

Co-I: Smathers, C, and Remley, D

Relationship to Grant: Other significant contributor on

Explanation of Role: Data collection and manuscript development. Funded 0.025% of candidate's overall effort. Goal: To inform the selection of obesity prevention strategies used in SNAP-Ed and Creating Healthy Communities programs.

Description: Assisted with protocol development, data collection, and manuscript development for this research supported through the Supplemental Nutrition Assistance Program (SNAP) Education funds.

 9/2013 - Present. 4-H Grilling and Beyond: Cultivating Health Fathers, Kids, and Communities. U.S. Department of Agriculture. (USD 564,012 Total Award) Research Grant. 3/2013 Pl: Bates, J

Relationship to Grant: Other significant contributor on

Explanation of Role: Funded 20% of the candidate's overall effort in September-October 2013. Contributed to concept development, proposal and budget development, and evaluation planning, attended required funder training and partner meetings at project sites.

6/2021 - 6/2022. White Paper: Farm to School Spending Flexibility and Sustainable State Position. Ohio State
University Office of Outreach and Engagement. (USD 10,000 By Year) OSU Outreach and Engagement. 4/2021
Pl: Smathers, Carol

Explanation of Role: Work with two specialists (law and in economics), to gather data and develop a public policy document. I will work to get input and feedback from stakeholders on the legal analysis of how to institute a F2S coordinator and to inform recommendations for potential revisions to school food purchasing guidelines that would increase spending flexibility.

Goal: Develop a White Paper on the potential implementation and impact of greater spending flexibility using school meal funding and of instituting a fulltime Farm to School support position in a state agency in Ohio. An action team recently formed to identify recommendations for creating more financial flexibility for Ohio schools to purchase locally. Participants include representatives of a food policy council, food hub, public health department, school food service, and OSU Extension. This team needs concrete economic and policy analyses of how Ohio's programs operate and of relevant state and federal policies.

Description: Coordinate development of drafts, revisions, and final White Paper.

4. 6/2021 - 5/2022. System Change in Early Care and Education: Improving Dietary Consumption through Food Education and Access to Local Foods. Working title= Technical Assistance and Gardening "TAG". Initiative for Food and Agricultural Transformation (InFAcT). (USD 34,998 By Year) InFACT Linkages and Leverage Grant. 4/2021 PI: Smathers, Carol

Co-I: Chang, Mei; Lin, Chyongchiou; Wegener, Duane; Hatsu, Irene

Goal: This research collaboration (Extension, Nursing, Psychology, Nutrition) assesses potential effects of a food education and access intervention combined with local food procurement in early care and education programs. Results will inform an NIH proposal and advance system change in Ohio.

Description: Direct overall activities and staff, engage ECE and food system partners, oversee budget and reporting, participate in manuscript preparation, and work with Dr. Chang (PI for the NIH R01) to build our research team's capacity and develop and resubmit a successful R01 proposal.

5. 1/2016 - 4/2016. Public Issues Leadership Development Conference Scholarship. Epsilon Sigma Pi. (USD 600 Total Award) Professional Development. 11/2015

PI: Smathers, C

Relationship to Grant: Other significant contributor on

Explanation of Role: Completed professional development qualification statements and goals for conference attendance.

6. 1/2016 - 4/2016. Public Issues Leadership Development Conference Scholarship. Epsilon Sigma Pi. (USD 600 Total Award) Professional Development. 11/2015

PI: Smathers, C

Explanation of Role: Completed professional development qualification statements and goals for conference attendance.

 5/2015 - 10/2015. Office of Outreach and Engagement Travel Support. OSU Office of Outreach and Engagement. (USD 1,000 Total Award) Professional Development. 4/2015

PI: Smathers, C

Relationship to Grant: Researcher on

Explanation of Role: Awarded travel support to present two posters with results from community-based research projects.

8. 6/2015 - 6/2015. Local Foods Promotion Program Grant Program Reviewer. U.S. Department of Agriculture. (USD 400 Total Award) Subcontract. 5/2015

PI: Smathers, C

Relationship to Grant: Other significant contributor on

Explanation of Role: Reviewed grant applications and worked with cross-state team to determine proposal scores.

9. 9/2013 - 9/2014. Prevention Research Center: Foundations for Healthy Living - Pilot project, Year 5. U.S. Department of Health and Human Services. (USD 167,570 By Year) Research Grant. 5/2013

Grant/Contract Number: GRT00022031

PI: Pirie, PL

Co-I: Anderson, SE, Kaye, GL, Klein, EG, and Wewers, ME

Relationship to Grant: Researcher on

Explanation of Role: Funded 25% of the candidate's overall effort in October 2013-September 2014. As Project Manager, Assistant Professor Smathers coordinated data dissemination activities related to the Prevention Research Center's (PRC) Parent Survey in the south side of Columbus. She was involved in analysis, publication, and dissemination of the PRC Parent Survey data, and played a key role in facilitating the center's community partnership advisory committee, represented the center in community health coalitions, and developed reports and trainings related to the center's research.

Goal: To better understand patterns of parental behaviors which influence weight gain in preschool-age children and disseminate findings related to supporting parents to create healthier habits among their children.

Description: Coordinate community-based research activities including data collection and dissemination.

10. 9/2012 - 9/2013. Foundations for Healthy Living - Prevention Research Center pilot project, Year 4. U.S. Department of Health and Human Services. (USD 188,283 By Year) Research Grant. 5/2012

Grant/Contract Number: GRT00022031 / U48DP001912

PI: Pirie, PL

Co-I: Anderson, SE, Kaye, GL, Klein, EG, and Wewers, ME

Relationship to Grant: Researcher on

Explanation of Role: Funded 25% of the candidate's overall effort in October 2013-September 2014. Between May

2012-May 2013, Assistant Professor Smathers managed data collection for the Prevention Research Center's (PRC) Parent Survey, a community-based participatory research project. She was involved in analysis, publication, and dissemination of the PRC Parent Survey data. She played a key role in facilitating the center's community partnership advisory committee, represented the center in community health coalitions, and developed reports and trainings related to the center's research.

Goal: To better understand patterns of parental behaviors which influence weight gain in preschool-age children and to determine the best ways to encourage parents to create healthier habits for their children.

Description: Between May 2012-May 2013, Assistant Professor Smathers managed data collection for the Prevention Research Center's (PRC) Parent Survey in the south side of Columbus. She is involved in analysis, publication, and dissemination of the PRC Parent Survey data. As the PRC conducts community-based participatory research, she also plays a key role in facilitating the center's community partnership advisory committee, representing the center in community health coalitions, and developing reports and trainings related to the center's research.

Pending

 1/2020. JCEP Professional Development Travel Award. Joint Council of Extension Professionals. Professional Development. (On hold due to pandemic-related conference postponements.)

6) List of Prizes and Awards for Research, Scholarly or Creative Work

- 2016 Present. Communications Educational Publications Award, North Central Region Award presented to project team, National Extension Association of Family and Consumer Sciences
- 2015 2015. Periodical Publication (13 team members) 1st Place, Epsilon Sigma Phi, Joint Council of Extension Professionals (JCEP)
- 2015 Present. Elevator Speech Award 3rd Place, Public Issues Leadership Development Committee, Epsilon Sigma Phi
- 2015 Present. Ways to Inspire Reciprocity among Partners category 1st Place (poster co-author), ESC Award Committee, Engaged Scholarship Consortium
- 2014 Present. Creative Works: Project Book 1st Place (14 authors total), Epsilon Sigma Phi, Joint Council of Extension Professionals (JCEP)

Service

1) List of Editorships or Service as an Editorial Reviewer or Board Member for Journals, University Presses, or Other Learned Publications

None

2) List of Offices Held and Other Service to Professional Societies. List of Organization in Which Office was Held or Service Performed. Describe Nature of Organization (Open or Elected Membership, Honorary)

- 2015 2019. Co-Chair. Positive Youth Development for Health Action Team, Extension Committee on Organization
 and Policy ECOP Description of Effort: As a team member, provide input to the Healthy Food Systems, Healthy People
 Steering Committee to help determine the future direction of ECOP.
- 2014 2019. Chair. Ohio Chronic Disease Collaborative, State of Ohio Health Department Description of Effort: Serve as chairperson for the Ohio Chronic Disease Collaborative team focused on Farm to School objectives.
- 2014 Present. Member. -, National Association of Extension 4-H Agents.
- 2013 Present. Active Member. Public Issues Leadership Committee, Joint Council of Extension Professionals (JCEP).
- 2013 Present. Member. National Extension Association of Family and Consumer Sciences, NEAFCS.
- 2013 Present. Member. Public Health Committee, Society of Nutrition Education and Behavior.
- 2009 Present. Member. -, American Public Health Association.
- 2009 2019. Active Member. College of Public Health Alumni Society, The Ohio State University: Columbus, United States. Description of Effort: Member of OSU College of Public Health Alumni Society executive board, Past President, and co-coordinator of Professional Development and Education.

2015 - 2016. Co-Chair. 2015 National Health Outreach Conference (NHOC) Program Committee, National Extension
Health Conference Description of Effort: 2015 conference sponsorship committee member. Helped recruit sponsors,
helped select scholarship awardees, and served as a moderator for four sessions. Contribute to the development of
the overall program and coordinate the review of proposals for the 2016 national health conference.

3) List of Consultation Activity

2013 - Present. Consultation Statement. Professional consultation in candidate's areas of expertise is regarded as part
of normal job duties.

4) Clinical Services State Specific Clinical Assignments

None

5) Other Professional/Public Community Service directly related to the Candidate's Processional Expertise, if not Listed Elsewhere

Community Service

- 2021 Present. Advisory Committee Member. Advisory Committee for the Thrive to Five Program.
- 2014 Present. Coalition Leadership. Co-chair Growing Healthy Kids Columbus Coalition. Growing Healthy Kids
 Columbus: Columbus, OH, United States. Description of Effort: Provide overall direction for and co-lead coalition
 meetings, steering committee meetings, educational and PSE change activities, and evaluation.
 Conference Participation
- 2020 2020. Attendee. OSU Extension Annual Conference. OSU Extension.
- 2019 2019. Mentor. Mentor MPH Practicum Student. College of Public Health: Columbus, OH. Description of Effort: Gave direction to and supervised practicum MPH student.
 Research
- 2022 2022. Reviewer. Journal Reviewer. Description of Effort: Reviewed manuscript for Journal of Human Sciences and Extension.
- 2022 2022. Reviewer. Journal Reviewer. Description of Effort: Reviewed manuscript for Health Education Journal.
- 2022 2022. Reviewer. Journal Reviewer. Description of Effort: Reviewed manuscript for Frontiers in Public Health.
 Other
- 2016 Present. Children, Youth and Families at Risk proposals. United States Department of Agriculture.
- 2016 Present. Ohio Food and Beverage Guidelines Working Group. Ohio Department of Health.
- 2014 Present. Health Coaching Program. Community Development for All People: Columbus, Ohio. Description of Effort: Help provide guidance about best practices for the Healthy Eating and Living (HEAL) Program
- 2014 Present. Ohio Adolescent Health Partnership.
- 2013 Present. Ohio Action for Healthy Kids.
- 2013 Present. Growing Healthy Kids Columbus Obesity Prevention Coalition. Columbus Public Health.
- 2013 Present. Conduct blind reviews of Extension fact sheets and curricula. Conduct peer evaluation of teaching.
- 2021 2021. Reviewer. Peer Reviewer for Academic Journal. Journal of Physical Activity and Health. Description of Effort: Reviewed manuscript submitted for publication based on journal criteria: adherence to scientific principles, significance of contribution, clarity and conciseness, and interest to the readership.
- 2020 2020. Reviewer. USDA NIFA Review Panel. USDA NIFA. Description of Effort: Scored 13 10-page proposals, plus budgets and supporting documents, and provided comments.
- 2020 2020. Reviewer. Peer Review Resources about online grocery shopping. Family and Consumer Sciences: Columbus, OH, United States.
- 2020 2020. Reviewer. Peer review for promotion. Family and Consumer Sciences: Columbus, OH, United States.
- 2020 2020. Reviewer. FCS Program Materials Peer Review. Family and Consumer Sciences: Columbus, OH, United States.
- 2017 2017. Proposal Review Committee. Engaged Scholarship Consortium. Description of Effort: Reviewed proposals for conference papers, posters, workshops, and symposia.
- 2014 2017. Student Support.
- 2016 2016. Proposal Review Committee. Engaged Scholarship Consortium. Description of Effort: Reviewed proposals for conference papers, posters, workshops, and symposia.

 2014 - 2014. - 2015-19 Creating Healthy Communities Funding. Ohio Department of Health. Description of Effort: Reviewed, scored, and provided written comments based on established criteria and made funding recommendations.

6) Administrative Service

a) Unit Committees

Department

- 2017 Ongoing. Reviewer, FCS Administrative Assistant Search.
 Description of Effort: Reviewed over 700 pages of applications and resumes and ranked top ten candidates.
- 2016 Ongoing. Organizer, Program. 2016 All-FCS Conference Planning Committee.
- 2014 Ongoing. Member, Ohio 4-H Food and Nutrition Curriculum Team.
 Description of Effort: Assist with revising and developing 4-H food and nutrition project books.
- 2013 Ongoing. Active Member, 4-H Healthy Living Design Team.
- 2013 Ongoing. Member, Family and Consumer Sciences Professional and Administrative Team.
- 2013 Ongoing. Active Member, Local Foods Signature Program Core Team.
- 2021 2022. Member, Human Nutrition/Extension Faculty Search Committee.
- 2016 2016. Member, Field Specialist Search Committee.
- 2016 2016. Reviewer, Extension Educator Screening Committee.
 - Description of Effort: Reviewed applications for Extension Educator and recommended candidates for interviews.
- 2013 2014. Active Member, FCS Marketing Team.
 Description of Effort: Provide input and feedback.
- 2013 2013. Member, Program Specialist Search Committee.
 Description of Effort: Reviewed applications, participated in interviews and selection process
 Program
- 2016 Ongoing. Reviewer, Fact Sheet Peer Reviewer.
 Description of Effort: Provide scores and comments regarding the content, readability, and citations or proposed fact
- 2022 2022. Member, FCS Internal Advisory Committee, Columbus, Ohio.

b) College or University Committees

College

2015 - 2016. Member, Public Health/Extension Clinical Faculty Position Search Committee.

c) Initiatives Undertaken to Enhance Diversity in your Unit, College or the University

- 2016 Present. Faculty Search Committee. Diversity Advocate.
 Description of Effort: In 2016, Assistant Professor Smathers served as Diversity Advocate for Family and Consumer Sciences Food Safety Field Specialist Search Committee.
- 2013 Present. CFAES Diversity Initiative. Field Specialist. Description of Effort: Assistant Professor Smathers is responsible for ensuring that hiring practices and OSU and college policies are followed for all staff working with her programs and research projects. The College of Food, Agricultural, and Environmental Sciences and its academic programs, including OSU Extension, embraces human diversity and is committed to ensuring that all research and related educational programs are available to clientele on a nondiscriminatory basis without regard to age, ancestry, color, disability, gender identity or expression, genetic information, HIV/AIDS status, military status, national origin, race, religion, sex, sexual orientation, or veteran status. This statement is in accordance with United States Civil Rights Laws and the USDA. Programming efforts are consistent with all university policies and affirmative action laws.

d) Administrative Positions Held, e.g. Graduate Studies Chair

- 2009 2013. Research Manager. Percent Time Commitment 100%, Ohio State University College of Public Health Prevention Research Center, Prevention Research Center,
- 2007 2009. Center Manager/Administrative Associate. Percent Time Commitment 100%, Ohio State University College of Public Health, Center for Health Outcomes, Policy, and Evaluation Studies.

 2004 - 2007. Program Coordinator. Coordinated all aspects of the grant-funded research project, including curriculum development, direct teaching, hiring and supervising staff, program evaluation, and report writing, Ohio State University Extension 4-H Youth Development, Columbus, Ohio, United States

e) Service as a Graduate Faculty Representative on a Dissertation in another Unit or University

None

7) Advisor to Student Groups and Organizations

2014 - 2015. Task Force Member. Student Life, Student Life Nutrition Task Force. Multiple.

8) Office of Student Life Committees

a) List Office of Student Life Committees on which You have served

None

b) Summarize participation in Student Life programs such as fireside discussions, lectures to student groups outside of our unit, addresses or participation at student orientation

None

9) List of prizes and awards for service to your profession, the university or your unit

- 2017 Present. Model Practice Award presented to the Growing Healthy Kids Columbus Coalition, Smathers has
 partnered with Columbus Public Health to implement coalition activities since 2013, National Association of County
 and City Health Officials
- 2016 Present. Distinguished Team, presented to Water First for Thirst project team (Smathers, Ferrari, and Hite),
 Epsilon Sigma Phi
- 2016 Present. Model Practice Program awarded to Camp Public Health, Smathers partnered with Columbus Public Health to develop curriculum and program activities, National Association of County and City Health Officials
- 2016 Present. Excellence in Teamwork, North Central Region, National Association of Extension 4-H Agents
- 2015 Present. Distinguished Team, presented for Water First for Thirst (3 team members), Epsilon Sigma Phi, Joint Council of Extension Professionals (JCEP)

10) Brief elaboration that provides additional information about service activities listed above

None