

Monday, October 16, 2023 at 14:25:48 Eastern Daylight Time

Subject: [cfaes-all] Dean's Update
Date: Monday, October 16, 2023 at 2:24:27 PM Eastern Daylight Time
From: Cfaes-all on behalf of CFAES Office of the Vice President and Dean via Cfaes-all
To: cfaes-all@lists.osu.edu
Attachments: image001.png, image002.png, ATT00001.txt
CFAES Community,

As we enter the middle of the semester, it is important to acknowledge that there are many issues going on in our country and world that are frightening and stressful. The ongoing war in Ukraine, the unfolding violence in the Middle East, disasters closer to home, and other issues have impacted many of our students, faculty, and staff as well as their families and loved ones.

Your well-being is important. If you are looking for or need support, please know that Ohio State has resources for you, and I strongly encourage you to use them. Please reach out if you feel you need assistance accessing these resources.

For students, we have two CFAES embedded counselors: David Wirt, M.Ed., LPCC-S on the Columbus Campus, and Dr. Schaad on the CFAES Wooster Campus. Find out more about them [on the CFAES Embedded Counselor page](#). The Office of Student Life's [Counseling and Consultation Service](#) has a list of resources that are available 24/7. Students can also access support and resources provided by the [Student Wellness Center](#), [Student Advocacy Center](#), and the [Center for Belonging and Social Change](#). Faculty and staff can utilize the [Employee Assistance Program](#). The Wexner Medical Center's [Stress, Trauma and Resilience \(STAR\) program](#) and the [Office of Institutional Equity](#) are available to students, faculty and staff.

The Office of Student Life, in collaboration with CFAES and OSU Extension as well as the chief wellness officer, will be growing kindness across the Columbus campus on Oct. 17 (rain date: Oct. 18). With generous donations from Scotts Miracle-Gro and Altman Plants, students, faculty and staff will have the opportunity to plant two succulents: one to keep and one to give away to someone else. The project helps to promote kindness and mental health support. [Read more.](#)

Sincerely,
Dean Cathann Kress

Cathann A. Kress, Ph.D.

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