Subject: 4/20/21 Dean's Update Follow-Up

Date: Wednesday, April 21, 2021 at 1:31:51 PM Eastern Daylight Time

From: CFAES Office of the Vice President and Dean

To: CFAES Office of the Vice President and Dean via Cfaes-all, uagr@lists.osu.edu,

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Attachments: image001.png, image002.png

CFAES Faculty, Staff and Students:

I want to follow-up on my recent Dean's update and acknowledge the roller coaster number of events – particularly in the last 24 hours – connected to racial injustice, including the police response to ChitFest this weekend juxtaposed to the Black Lives Matter protests over the summer, the Chauvin verdict yesterday, and on the tail of the verdict, the killing of a 16-year-old black girl in Columbus.

People are tired and exhausted from these events, the ongoing pandemic, and the end of the semester and academic year. As per my previous email, I wanted to remind you that Dr. Kathy Lechman, Assistant Dean and Director of Diversity, Equity and Inclusion (DEI) is hosting check-in opportunities over the next few days:

- April 21 2:00-3:30: <u>Join via Zoom</u>.
- April 22 2:00-3:30: <u>Join via Zoom</u>.
- April 23 1:00-2:30: <u>Join via Zoom</u>.

You should also feel free to reach out to her at any time at Lechman.1@osu.edu.

The College of Social Work is also hosting healing circles that they are open to colleagues from across campus:

Racial Healing Circles

You're invited to join our facilitators Bryanna Stigger and LaVada Washington for a Racial Healing Circle this Thursday, April 22, at 3 p.m. <u>Click here to register.</u> For questions, contact Njeri Kagotho <u>Kagotho.1@osu.edu</u>.

I also want to remind you of your mental wellness resources:

- Safe and Healthy Buckeyes: Mental Health and Wellness
- <u>Counseling and Consultation Service</u> (CCS) and the <u>Buckeye Peer Access Line</u> (PAL), which operates Monday through Friday from 8 p.m. to midnight.
- The Ohio State: Wellness app is designed for students but offers tips and guidance useful for all members of our community. It is available for <u>Android</u> and <u>iOS</u> devices.
- Employee Assistance Program (EAP) As a benefits-eligible Ohio State faculty or staff member, you
 have access to the Ohio State Employee Assistance Program (EAP) that offers tools and resources to
 help address complex issues that can be affecting your mental and emotional well-being. EAP services
 are also available to immediate family members of benefits-eligible faculty and staff, members of their
 household, and parents and parents-in-law. You can also use the free, 24-hour phone line (800) 6786265.

Dean Cathann A. Kress

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